"Real World Evidence" Nuovi target terapeutici in ematologia



8 - 9 Novembre 2018

Auditorium "Fra Agostino Daniele" San Giovanni Rotondo Presidente del Convegno Nicola Cascavilla

TKIs e LMC: Lo stato dell'arte Fabrizio Pane



Loss in life expectancy of patients with CML in Sweden, over year of diagnosis, by age at diagnosis and sex





Long-term Results of Imatinib Treatment in CML

IRIS Trial 11-Year Update



Variable	All Patients (N=553)	
Median age at baseline (range) — yr	50 (18–70)	
Male sex — no. (%)	341 (61.7)	
Median duration since diagnosis (range) — mo	2.1 (0-10.4)	
Geographic region — no. (%)†		
Europe	277 (50.1)	
North America	245 (44.3)	
Oceania	31 (5.6)	
Completed study treatment — no. (%)	267 (48.3)	
Up to end of the core trial in 2006	11 (2.0)	
Up to 2007–2008	13 (2.4)	
Up to closure of the trial in 2011–2012	243 (43.9)	
Discontinued treatment — no. (%)	272 <mark>(</mark> 49.2)	
Unsatisfactory therapeutic effect	88 (15.9)	
Withdrawal of consent	57 (10.3)	
Adverse events	38 (6.9)	
No longer required study drug owing to bone marrow transplant	21 (3.8)	
Death	19 (3.4)	
Protocol violation	17 (3.1)	
Loss to follow-up	15 (2.7)	
Administrative problems	12 (2.2)	
Abnormal laboratory values	3 (0.5)	
Abnormal procedure	2 (0.4)	
Crossed over to interferon alfa plus cytarabine — no. (%)	14 (2.5)	
Imatinib exposure during the trial‡		
Duration of exposure — yr		
Mean	7.5±4.0	
Median (range)	8.9 (<0.1–11.7)	
Duration of total exposure — patient-yr	4129	
Median actual-dose intensity (range) — mg/day	400 (114–770)	



Hochhaus A. et al., N Engl J Med 2017;376:917-27

The goals of CML management in 2018

- Life expectancy: Normal
 - Optimal response (ELN 2013), MR^{3.0} or better?
- Quality of live: Normal
 - Select treatment for side effects, comorbidities, complications
- Cure: Treatment-free remission
 - Test and select treatment for deep molecular response



TKIs approved for CML treatment

	Date of FD	A approval
	1 st Line	2 nd Line
Imatinib 🔥	2002	2001
Dasatinib	2010	2006
Nilotinib 🔥	2010	2007
Bosutinib	2017	2012
Ponatinib		2013



European LeukemiaNet 2013

Treatment recommendations

1st LINE	IMATINIB 400 x 1, DASATINIB 100 x 1, NILOTINIB 300 x 2
2nd LINE	
INTOLERANCE	SWITCH TO ONE OF THE OTHER TKIS APPROVED FOR FIRSTLINE TREATMENT, taking into account comorbidities and side effects
FAILURE	SWITCH IMATINIB TO OTHER TKIs, taking into account MUTATIONS, comorbidities and side effects: - NILO TO DASA, BOSU or PONA (T315I) - DASA TO NILO, BOSU or PONA (T315I)
3rd LINE	SWITCH TO ANOTHER TKI (PONA) ALLOGENEIC SCT EXPERIMENTAL TREATMENT



Perspectives for the 2019 and beyond THE OBJECTIVES OF TREATMENT OPTIMIZATION





From 2013 to 2018 Which new How many What new? New drugs? new data? data?



Treatment of CML in chronic phase 2013 - 2018

1st LINE	IMATINIB	Generic
	DASATINIB	
	NILOTINIB	
		Bosutinib
		(Radotinib)
2nd/3rd LINE	IMATINIB	
	DASATINIB	
	NILOTINIB	
	BOSUTINIB	
	PONATINIB	
		(Radotinib)
FAILURE to 2°G TKI	Allo-SCT	
TKI cannot be used (e.g. pregnancy)	INTERFERON-alpha	



First line treatment of CML

Single-arm trials - 2013 / 2018

Imatinib	IRIS	10-year Update	Hochhaus A. et al, New Engl JMed 2017;376(10):919-927
	GIMEMA Trials	7-year Update	Castagnetti F. et al, Leukemia 2015;29:1823-32
	Italian Registry	Observational	Castagnetti F et al, Am J Hematol 2017;92:82-87
	Australian Study of Imatinib		Yeung DT et al, Blood 2015;125(6):915-923
2°G-TKI	Imatinib, Nilotinib, Dasatinib	<i>Update of 5 MD</i> <i>Anderson Trials</i>	Jain P et al. Lancet Haematol 2015;2(3):e118- 128
	Imatinib and Nilotinib (ROTATION)	GIMEMA TRIAL	Gugliotta G et al, Am J Hematol 2016;91(6):617-622
	ENEST1st Trial	2-year follow-up	Hochhaus A et al, Leukemia 2016;30;57-64



First line treatment of CML

Comparative trials - 2013 / 2018

Imatinib 400 vs Imatinib 400 + IFN vs Imatinib 800	5 - 10-year Update	Hehlmann R et al, JCO 2014;32(5):415-423 Kalmanti L. et al, Leukemia 2015;29:1123 32 Hehlmann R. et al, Leukemia 2017;31:2398:2406
ENESTnd - Imatinib vs Nilotinib	5-year Update	Hochhaus A. et al, Leukemia 2016;30:1044-54
DASISION - Imatinib vs Dasatinib	5-year Update	Cortes J et al, JCO 2016;34:2333-2340
BFORE study - Imatinib vs Bosutinib	1-year Update	Cortes J et al, JCO 2018;36(3):231-7



Randomized comparative prospective studies in CML

Treatment	Study	Response	Survival	TFR
IMA 800 vs IMA 400	GERMANY CMLIV	+	=	NA
IMA 800 vs IMA 400	GIMEMA	=	=	NA
IMA 800 vs IMA 400	TOPS	=	=	NA
NIL vs IMA 400	ENESTnd	+	=	NA
DAS vs IMA 400	DASISION	+	=	NA
BOS vs IMA 400	BFORE	+	NY	NA
NIL vs IMA→NIL	SUSTRENIM (GIMEMA / HOVON)	NY	NY	NY
IFN+IMA vs IMA 400	GERMANY CML IV	=	=	NA
IFN+IMA vs IMA 400	FRENCH SPIRIT	+	=	NA
IFN+IMA vs IMA 400	NORDIC	+	NA	NA
NILO+IFN vs NILO	TIGER	NY	NY	NY
DAS+IFN vs DAS	NORDIC/FRANCE	+	NA	NA
BOS+IFN vs BOS	NORDIC/FRANCE	NY	NY	NY



Perspectives for the 2019 and beyond THE OBJECTIVES OF TREATMENT OPTIMIZATION





EUROPEAN LEUKEMIANET 2013

Response to treatment firstline (Imatinib, Nilotinib, and Dasatinib)

	Optimal Response	Warnings	Failure
Diagnosis	NA	-HIGH RISK, -ACA/Ph+ (Major route)	NA
3 mos	Ph+≤35% and/or BCR-ABL≤ 10%	Ph + 36-95% and/or BCR-ABL ≥ 10%	No CHR and/or Ph + > 95%
6 mos	Ph+ 0 and/or BCR-ABL < 1%	Ph + 1-35% and/or BCR-ABL 1-10%	Ph + > 35% and/or BCR-ABL > 10%
12 mos	BCR-ABL≤ 0.1%	BCR-ABL 0.1-1 %	Ph + ≥ 1%, and/or BCR-ABL > 1%
24 mos	BCR-ABL ≤ 0.1%	BCR-ABL 0.1-1%	BCR-ABL > 1%



EUROPEAN LEUKEMIANET 2013

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3 mos	Ph+≤35% and/or BCR-ABL≤ 10%	BCR-ABL ≥ 10%	No CHR and/or BCR-ABL > 95%
6 mos	Ph+ 0 and/or BCR-ABL < 1%	BCR-ABL 1-10%	Ph + > 35% and/or BCR-ABL > 10%
12 mos	BCR-ABL≤ 0.1%	BCR-ABL 0.1-1 %	Ph + ≥ 1%, and/or BCR-ABL > 1%
24 mos	BCR-ABL ≤ 0.1%	BCR-ABL 0.1-1%	BCR-ABL > 1%

Today response definitions are based on QPCR

Should 2013 definitions be modified?



Imprecision of QPCR assays of CML MRD



Do we need a range at any given milestone or prompt repetitions for borderline values?

Courtesy from S Branford



The value of low titer ABL-KD mutations From Sanger to NGS





Perspectives for the 2019 and beyond THE OBJECTIVES OF TREATMENT OPTIMIZATION





ELN 2013

Recommendations for first line treatment

Imatinib

- More patients/data
- Longer observation
- Less complications
- CHEAPER (generics!)
- Slower response
- Less frequent deep responses
- Lower probability of TFR (?)
- Survival 80-90%

Dasatinib, Nilotinib

- Less patients/data
- Shorter observation
- More complications

- Faster response
- More frequent deep responses
- Higher probability of TFR (?)
- Survival 80-90%

*data and follow-up for Bosutinib and Radotinib are not yet sufficient

Possible choices for CML first-line therapy

- Priority for toxicity and costs (e.g. elderly patients)
- Priority for response (e.g. high risk and/or young patients)
- Priority for TFR achievement ????



Imatinib

2°G-TKI

Perspectives for the 2019 and beyond THE OBJECTIVES OF TREATMENT OPTIMIZATION





FIRST-LINE TREATMENT FOR TFR

	ENESTnd Nilotinib (%)	ENESTnd Imatinib (%)	DASISION Dasatinib (%)	DASISION Imatinib (%)
No. Pts in MR4.5 or better by 5 y	54	31	42	33
No. Pts expected in stable MR 4.5@5Y*	40	23	31	25
No. Pts expected in TFR (60% of eligible)	24	14	19	15
CVAEs, all grades	7	2	5	2
Pleural effusion, grade ≥ 3	1	0	3	0
Total with AEs	8	2	8	2
Net Benefit (TFR - AEs)	16	12	11	13
Difference	+	4	-1	2

*Estimated as 75% of patients who had achieved MR 4.5 by 5 years



Imatinib discontinuation studies

Study	Ν	Treatment before discontinuation	Response Required to Stop Therapy	Definition of relapse	TFR (different FU)
STIM 1	100	IFN then Imatinib for 3 years	CMR	Loss of MMR or ≥1-log increase in BCR-ABL	39 %
STIM 2	200	lmatinib for ≥3 years	As for STIM	As for STIM	46 %
ALLG CML8	40	Imatinib for ≥3 years	UMRD 2 years	Loss of MMR or confirmed loss of MR ⁴ . ⁵	45 %
According to STIM	80	Imatinib for ≥3 years	As for STIM; occasional positive samples eligible	Loss of MMR	64 %
EUROSKI	868	Imatinib, Dasatinib, Nilotinib	MR ⁴ for ≥1year; TKI for ≥3 years	Loss of MMR	54 %
ISTAV	112	lmatinib	Undetectable PCR (3 PCRs)	Loss of MMR	52%
DESTINY	168	Imatinib, Dasatinib, Nilotinib	MR ⁴ and stable response under half standard dose for 12 months	Loss of MMR	In progress



2°-G TKI discontinuation studies

Study	Ν	Treatment before discontinuation	Response Required to Stop Therapy	Definition of relapse	TFR (different FU)
STOP 2G-TKI pilot	50	Nilotinib or Dasatinib	CMR for median 29 mo.	Loss of MMR	61%
ENEST freedom	175	Nilotinib	MR ^{4.5} for ≥1year	Loss of MMR	51.6%
ENESTop	117	Nilotinib	MR ^{4.5} for ≥1year	Confirmed loos of MR ^{4.0} or any loss of MMR	58.7%
ENESTpath	650	Nilotinib	Randomized MR ^{4.5} for ≥1year vs ≥2year	Confirmed loos of MR ^{4.0} or any loss of MMR	In progress
ENESTGoal	300	Nilotinib	MR ^{4.5} for ≥1year	Confirmed loos of MR ^{4.0} or any loss of MMR	In progress
DASFREE	75	Dasatinib	MR ^{4.5} for ≥1year	Loss of MMR	In progress
DADI	63	Dasatinib	DMR for ≥1year	Loss of MMR	48%



Prognostic factors of TFR in TKI discontinuation studies

Factor category	Factors	Prognostic value		
Patient	Age, Sex	No		
Disease	Prognostic score at diagnosis	Non high risk sokal best (Imatinib)		
Treatment history and response to therapy	History of suboptimal response or resistance	Decreased TFR probability		
	TKI treatment duration (total)	Imatinib: yes Dasatinib or Nilotinib: not studied yet		
	Deep molecular response duration	Imatinib: yes Dasatinib or Nilotinib: not studied yet		
	Depth of deep molecular response (MR4.0, MR4.5 or even deeper)	Difficult to assess with current RT-QPCR techniques		
	Type of TKI	No comparative studies		



TREATMENT-FREE REMISSION Which Studies, Which Data 2013-2018

- Many retrospective reports
- Some reports of prospective studies, (mainly the ENEST trials), none in first line
- All reporting the rate of TFR in patients who had achieved a deep molecular response
- None reporting the rate of TFR in newly diagnosed patients
- None comparing the relationship between first-line treatment and the rate of TFR



Serching the best cost-effective TFR strategy

Study GIMEMA SUSTRENIM Study





Perspectives for the 2019 and beyond THE OBJECTIVES OF TREATMENT OPTIMIZATION





TKI Side effects

- The TKIs have different patterns of side-effects, and this should be considered when choosing amongst these drugs
- Three general categories od side effects
 - Early onset, serious (grade 3/4) side effects
 - 10% of patients
 - Cause of early discontinuations
 - Minor (grade 1/2), mid / long term side effects
 - 50% of patients
 - Manageable but affect quality of life also leading to poor adherence
 - Off-target complications
 - Cardiovascular system, vessels, liver, pancreas, metabolism etc.
 - Incidence and seriousness not fully understood



Patient – adapted strategy for TKI treatment optmization

- Age, and type, number and grade of comorbidities influence the choice of the TKI.
- Several "comorbidities" may be even more important than chronic myeloid leukemia itself, both for survival and for quality of life
 - Atherosclerosis, Arterial thrombotic disease, Cerebrovascular disease hypertension, Heart failure, Ischemic heart disease, Thrombophilic state, Diabetes mellitus dyslipidemia, Chronic pulmonary disease (obstructive, enfisema, fibrosis, etc), Autoimmune disease, Other tumors, Psychiatric disorder, Alzheimer, Parkinson



Association Between BCR-ABL Tyrosine Kinase Inhibitors for CML and Cardiovascular Events

	Data Odds Patio		E -	Wore	Envore No			
Source	(95% CI)		lma	tinib	Generatio	on TKI	P Value	Weight, %
Bosutinib		-						
NCT00574873-BELA	2.77 (0.39-19.77)						.31	100
Subtotal	2.77 (0.39-19.77)			\leq		>	.31	
Dasatinib								
NCT00070499	7.39 (0.15-372.38)						.32	7.37
NCT00103844-START-R	4.46 (0.23-86.51)		-		-		.32	12.88
NCT00320190	0.09 (0.00-4.61)	<					.23	7.11
NCT00481247-DASISION	4.86 (1.30-18.12)						.02	65.29
NCT00852566-NordCML006	8.09 (0.16-409.34)		-		-	>	.30	7.35
Subtotal	3.86 (1.33-11.18)				$\langle \rangle$.01	
Nilotinib								
NCT00471497-ENESTnd	3.31 (1.95-5.61)						<.001	89.00
NCT00760877-ENESTcmr	4.45 (0.99-20.02)						.052	11.00
Subtotal	3.42 (2.07-5.63)				\diamond		<.001	
Ponatinib								
NCT01650805-EPIC	3.47 (1.23-9.78)						.02	100
Subtotal	3.47 (1.23-9.78)				$\langle \rangle$.02	
Overall	3.45 (2.30-5.18)				\diamond		<.001	
		Γ				1 1 11111	1	
		0.01	0.1	1	.0 1	0 1	00	
	Peto Odds Ratio (95% CI)							

A Vascular occlusive events

CV events associated with TKI in 896 CML patients and 4438 controls

Table 2. Relative Risks for Arterial and Venous Thromboembolic Events in Patients With CML Compared With the General Population*

Variable	Cont	rol Participants	(n = 4438)	CML Population ($n = 896$)			Incidence Rate Ratio		
	Events, n	Total Follow-up, <i>y</i>	Incidence Rate per 1000 Person-Years	Events, n	Total Follow-up, <i>y</i>	Incidence Rate per 1000 Person-Years	With CML With Control Participants (95% Cl)		
All arterial thromboembolic events	185	20 275	9.1	54	4064	13	1.5 (1.1-2.1)		
Myocardial infarction	114	20 864	5.5	40	4188	10	1.9 (1.3-2.7)		
Cerebrovascular ischemia	89	20 960	4.2	15	4241	4	0.9 (0.5–1.5)		
Other arterial thrombosis	10	21 537	0.5	6	4306	1	3.2 (1.2–8.7)		
All venous thromboembolic events	54	21 183	2.5	20	4230	5	2.0 (1.2-3.3)		
Pulmonary embolism	30	21 421	1.4	10	4317	2	1.8 (0.9-3.6)		
Deep venous thrombosis	27	21 330	1.3	11	4261	3	2.2 (1.1-4.4)		
All arterial and venous events	250	21 917	11.4 🧲 🗕	78	3969	20 🗲 🗕	1.7 (1.3–2.2)		

CML = chronic myelogenous leukemia.

* Includes all arterial and venous events; patients with events before diagnosis were censored.



Cardiovascular toxicity in patients with CML treated with "°G-TKI in the real-life practice



The 60-month CV AE cumulative incidence registered in the total cohort of patients was 21.7±2.8%.



Caocci G. et al Am J Hemat 2018

Second line treatment 2°G-TKI in CML post-Imatinib Resistance (late switch)

	Percentage					
	Nilotinib	Dasatinib	Bosutinib			
F-U (mo)	>24	>24	24*			
CHR	77	89	86			
MCyR	59	62	54			
CCyR	44	50	41			
24 mo PFS**	64%	80%	79%			
24 mo OS**	87%	91%	92%			
*Median; **All patients						



The second line therapy

- Type of failure
 - From non optimal response (ELN criteria) to blast phase progression
- Paucity of data mainly registration studies and limited follow-up
- Previous treatment
 - TKI naive vs TKI treated patients
 - Type of TKI in first line



Conclusions

Excellent prognosis but still possible progressions to advances phases Long term quality of life and toxicity of patient under TKI therapy Is it possible to cure CML patients without Allo-SCT?

Yes, but....

- How many patients?
- Which treatment?
- QoL improvement?
- Need of treatment optimization
- Difficult treatment rescue in patients resistant to first line therapy (particularly Nilo and Dasa)

