

PIA FONDAZIONE DI CULTO E



RELIGIONE CARD. G. PANICO



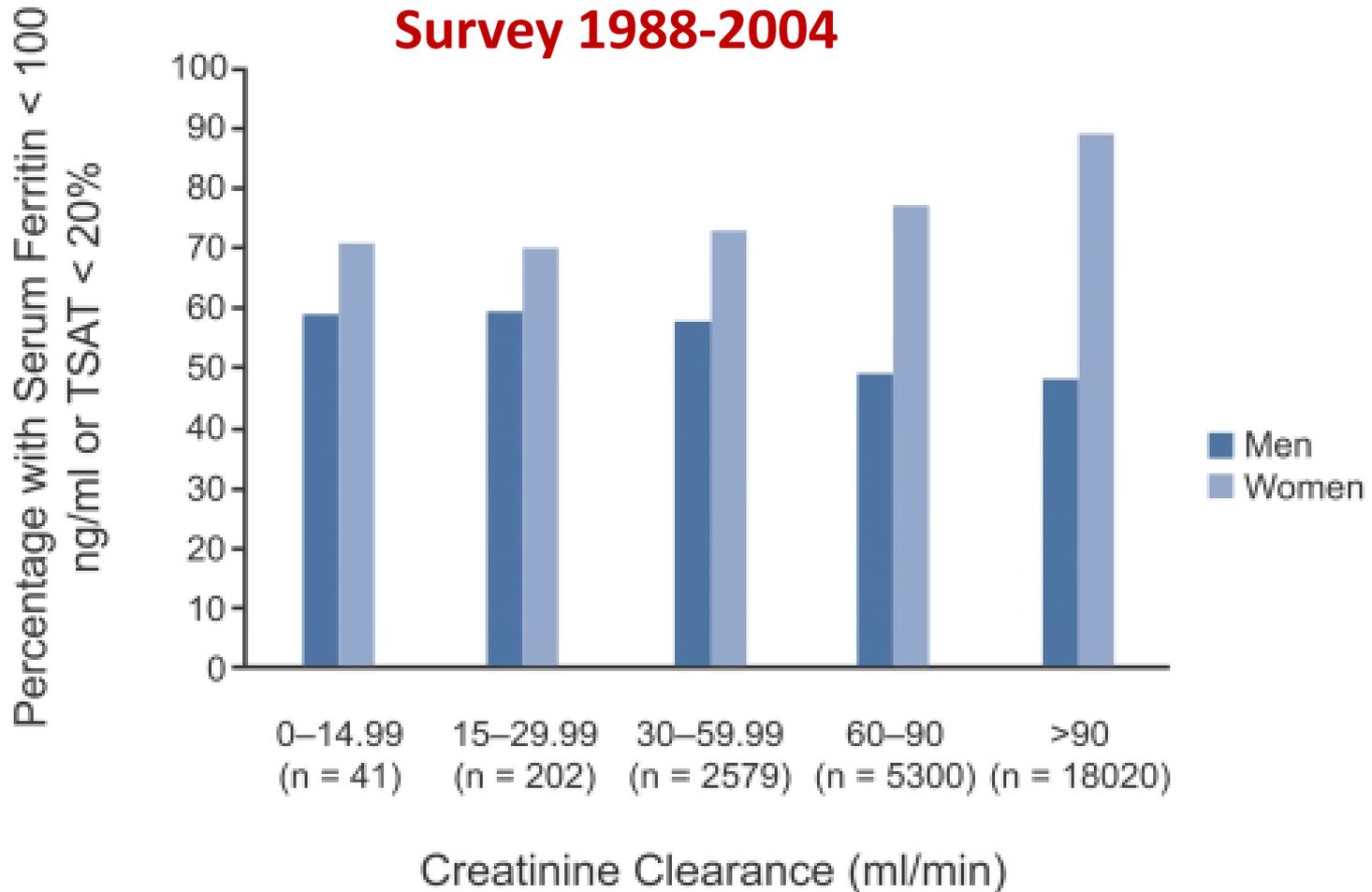
Gestione del deficit di ferro nel paziente con malattia renale cronica

Francesco Caccetta

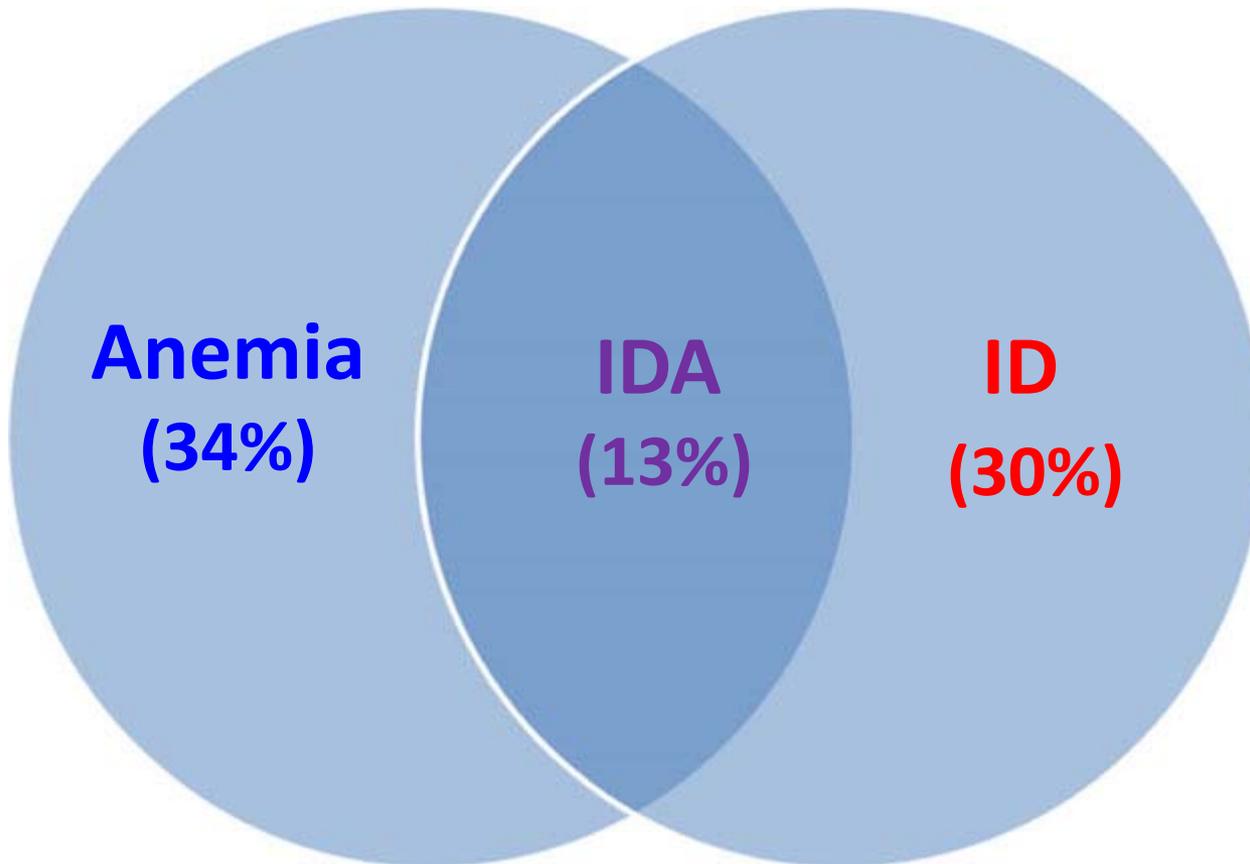
U.O.C Nefrologia e Dialisi - A.O "Card. G. Panico" – Tricase (Lecce)

Parma 18 Novembre 2016

Iron indices in chronic kidney disease in the National Health And Nutritional Examination Survey 1988-2004

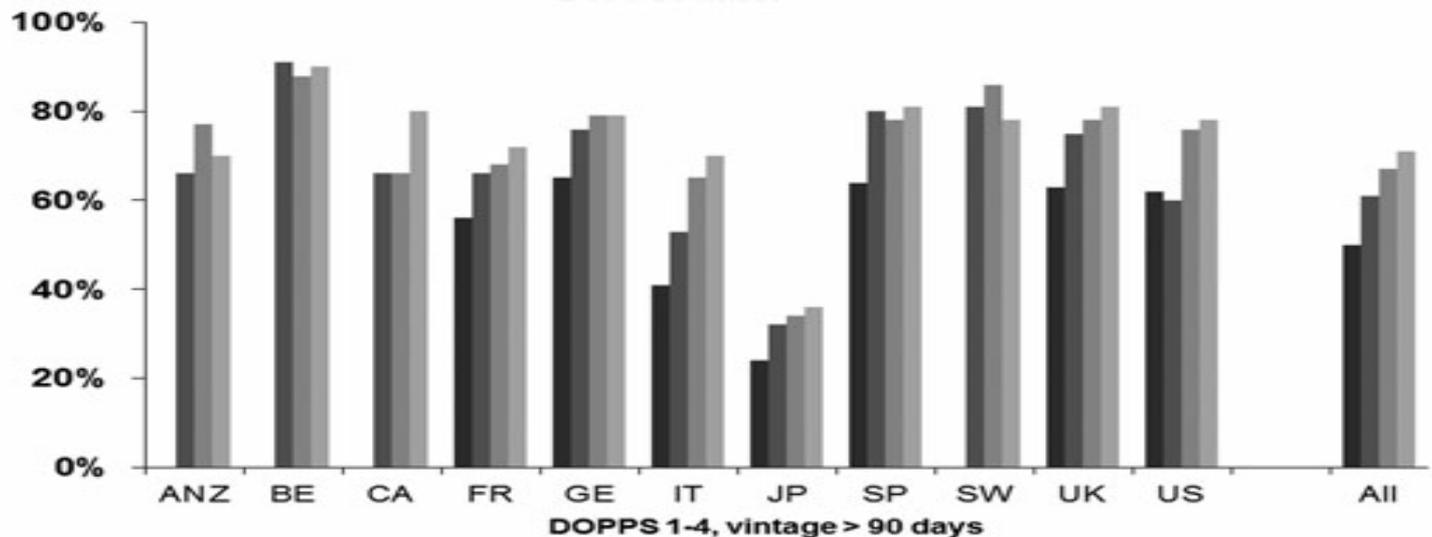


Anemia and iron deficiency in renal transplant recipients



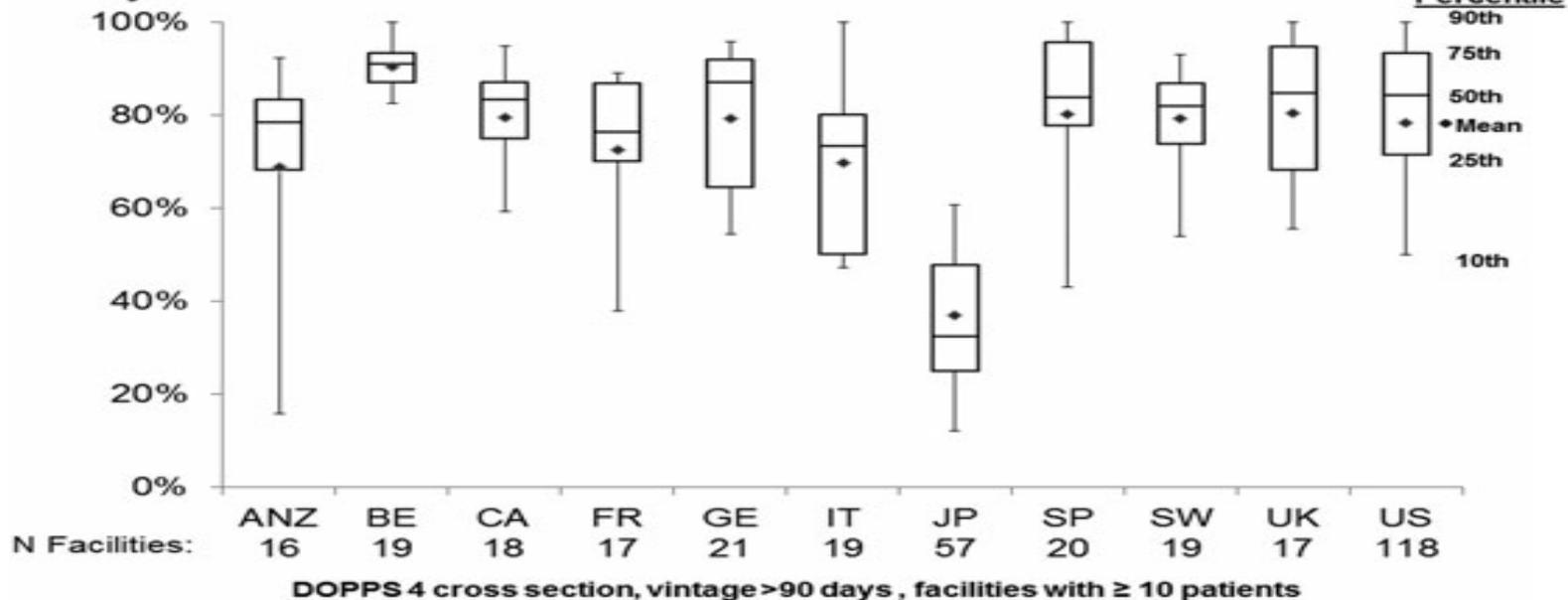
(a)

Percent patients



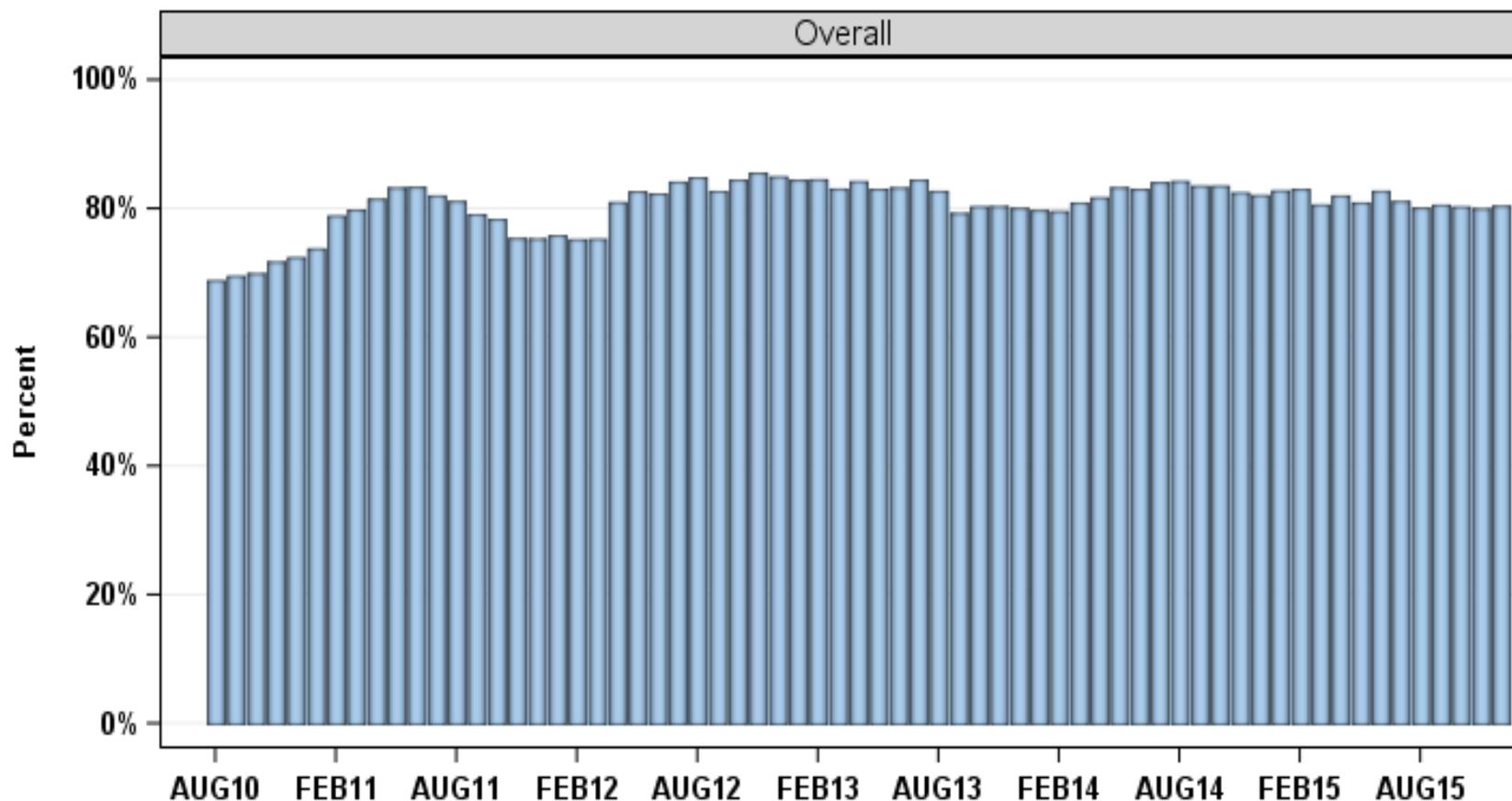
(b)

Facility % of Patients



IV iron use, last 3 months

National sample

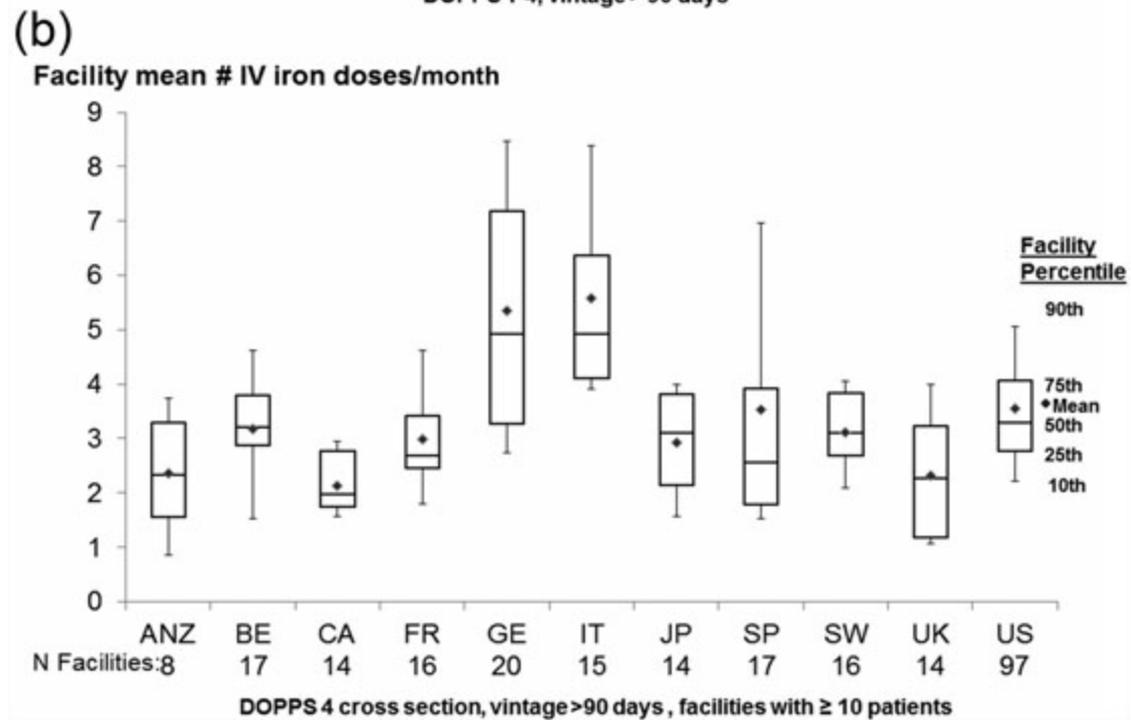
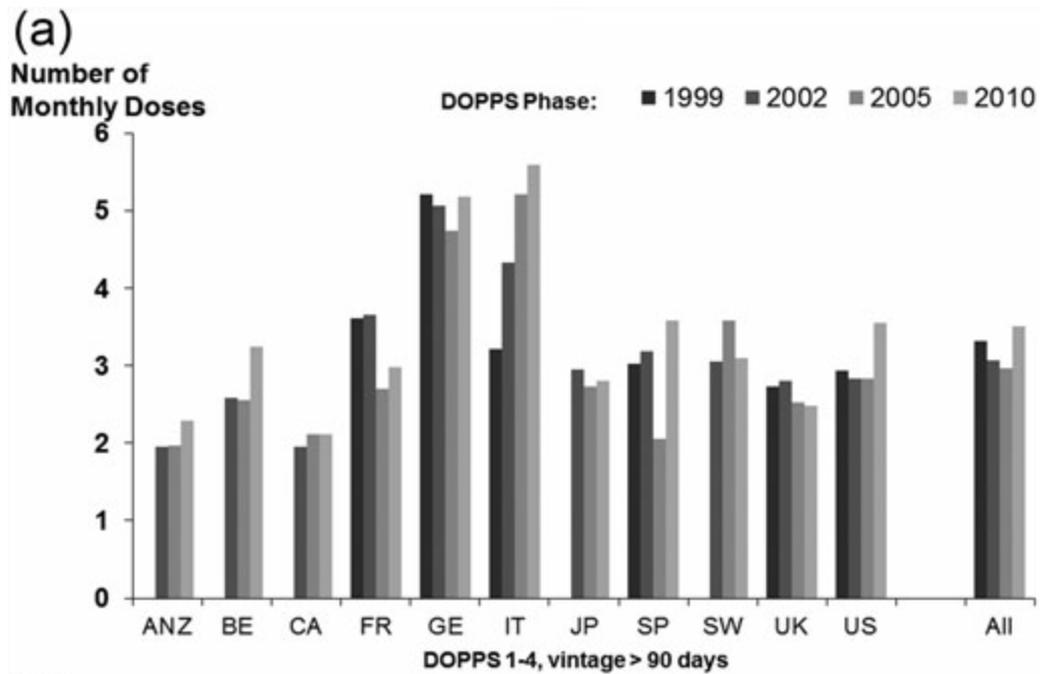


Values for each month reflect any prescription during prior three months

Facility sample transitioned from DOPPS 4 to 5 in Jan-Apr 2012 (see "Study Sample and Methods").

Facility sample transitioned from DOPPS 5 to 6 in Mar-Jul 2015 (see "Study Sample and Methods").

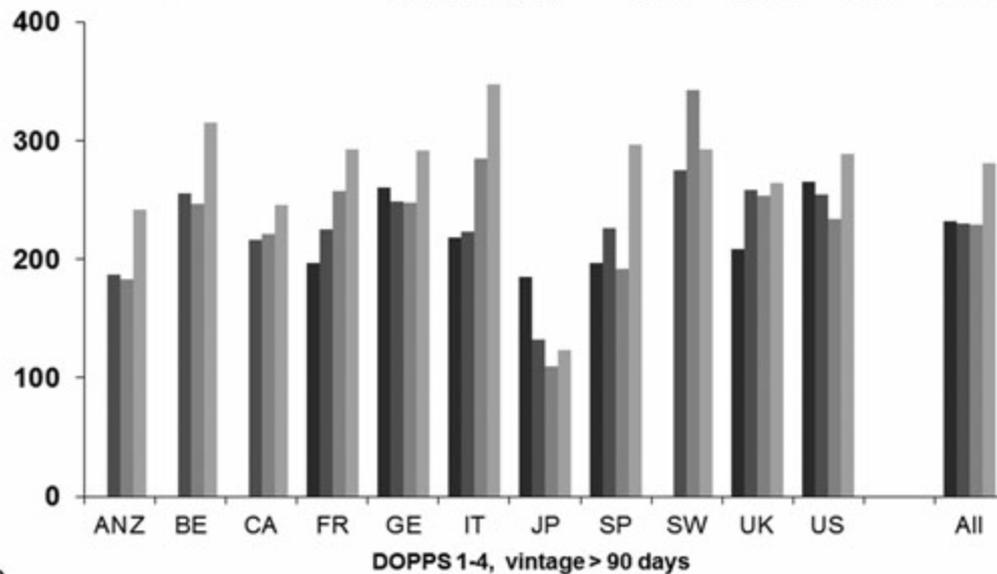
Source: US-DOPPS Practice Monitor, April 2016; <http://www.dopps.org/DPM>



(a)

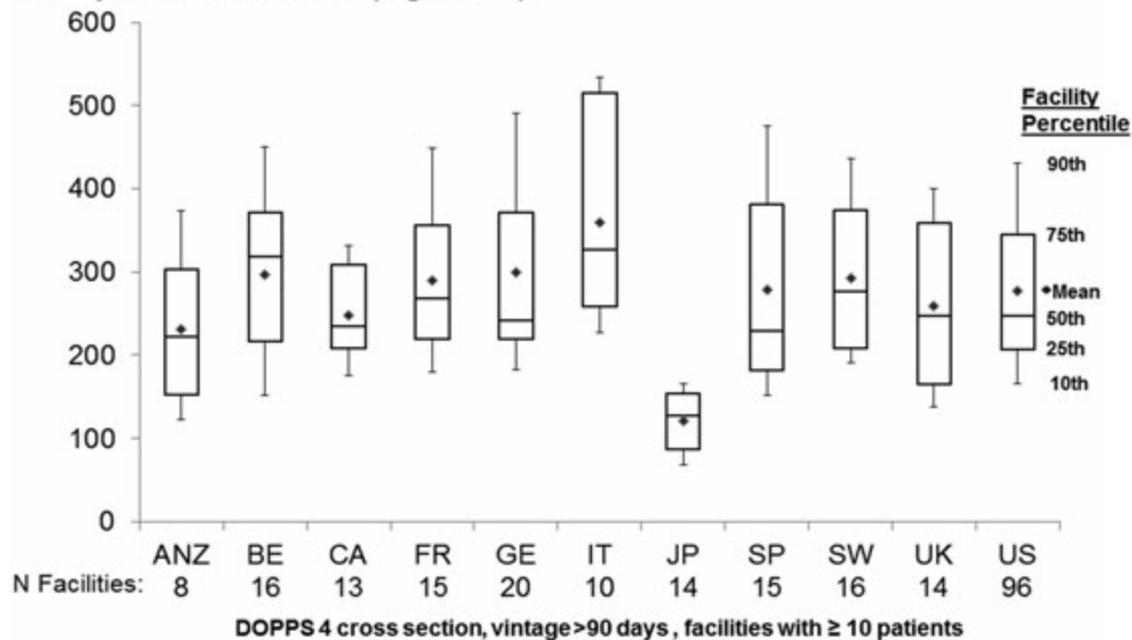
IV Iron Dose mg/month

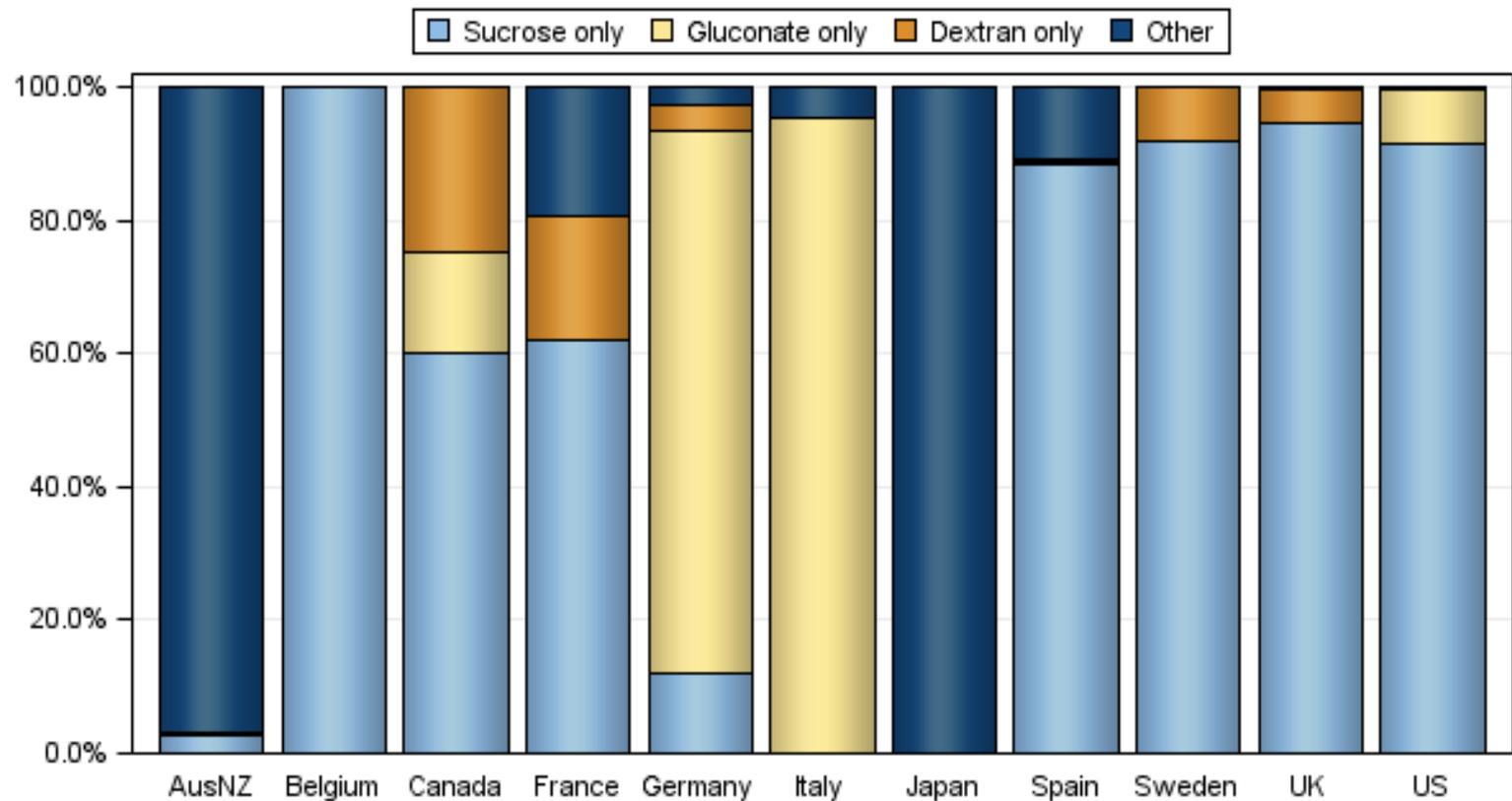
DOPPS Phase: ■ 1999 ■ 2002 ■ 2005 ■ 2010



(b)

Facility mean IV iron dose (mg/month)



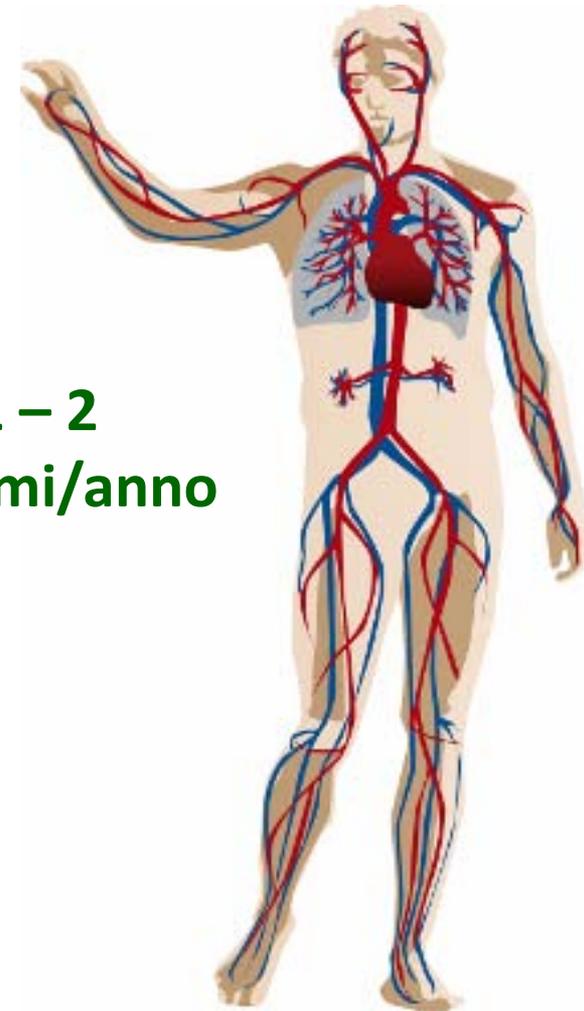


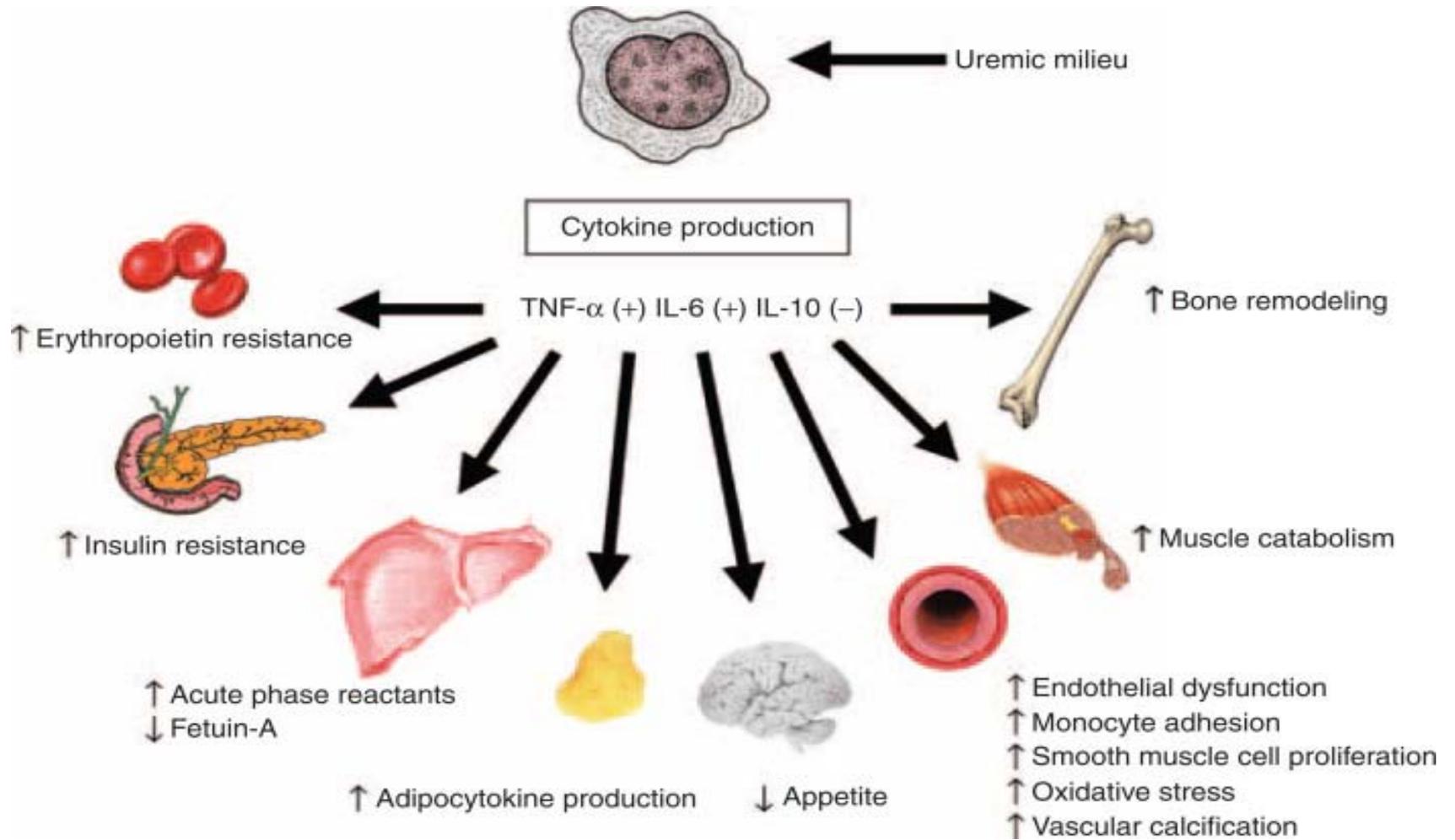
| | AusNZ | Belgium | Canada | France | Germany | Italy | Japan | Spain | Sweden | UK | US |
|--------------------------|-------|---------|--------|--------|---------|-------|--------|-------|--------|-------|-------|
| Sucrose only (N Pntns) | 7 | 373 | 184 | 200 | 61 | 0 | 0 | 365 | 318 | 331 | 2,744 |
| Sucrose only (Wgtd %) | 2.7% | 100.0% | 60.1% | 62.0% | 11.9% | 0.0% | 0.0% | 88.2% | 91.9% | 94.4% | 91.6% |
| Gluconate only (N Pntns) | 1 | 0 | 73 | 1 | 379 | 413 | 0 | 3 | 0 | 0 | 234 |
| Gluconate only (Wgtd %) | 0.6% | 0.0% | 15.0% | 0.2% | 81.5% | 95.2% | 0.0% | 0.7% | 0.0% | 0.0% | 8.0% |
| Dextran only (N Pntns) | 0 | 0 | 67 | 36 | 26 | 0 | 0 | 1 | 34 | 27 | 22 |
| Dextran only (Wgtd %) | 0.0% | 0.0% | 24.9% | 18.5% | 4.0% | 0.0% | 0.0% | 0.2% | 8.1% | 5.2% | 0.4% |
| Other (N Pntns) | 255 | 0 | 0 | 59 | 16 | 18 | 621 | 59 | 0 | 2 | 0 |
| Other (Wgtd %) | 96.7% | 0.0% | 0.0% | 19.4% | 2.7% | 4.8% | 100.0% | 11.0% | 0.0% | 0.3% | 0.0% |

Cause di deficit di ferro nella MRC

- Stato infiammatorio cronico
- Ridotto assorbimento intestinale (alti livelli di epcidina, uso di chelanti del fosforo, inibitori della pompa protonica)
- Ridotto intake alimentare (scarso appetito, dieta ipoproteica, malnutrizione)
- Prelievi, ospedalizzazioni
- Perdite gastrointestinali (uso di farmaci antiaggreganti orali, eparina in dialisi)
- Perdite ematiche legate alle procedure dialitiche o per sanguinamenti dell'accesso vascolare)

1 – 2
grammi/anno

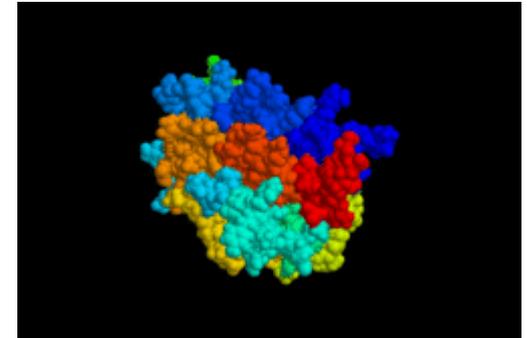




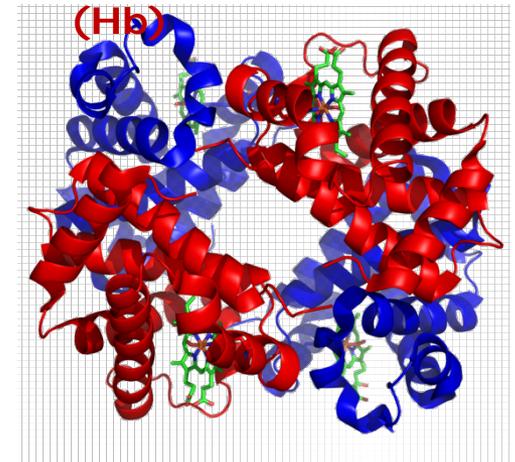
The role of chronic inflammation and hepcidin in renal anaemia

- Inflammatory cytokines (e.g. TNF- α and IFN- γ) reduce erythropoiesis directly by inhibiting growth of erythroid progenitor cells and blunting response to EPO¹
- Inflammatory cytokines increase levels of hepcidin². Hepcidin inhibits Hb production by blocking iron export² from the:
 1. RES cells into the plasma, restricting release of recycled iron
 2. Enterocytes into the plasma, limiting dietary iron uptake
 3. Hepatocytes, limiting release of storage iron

The EPO molecule



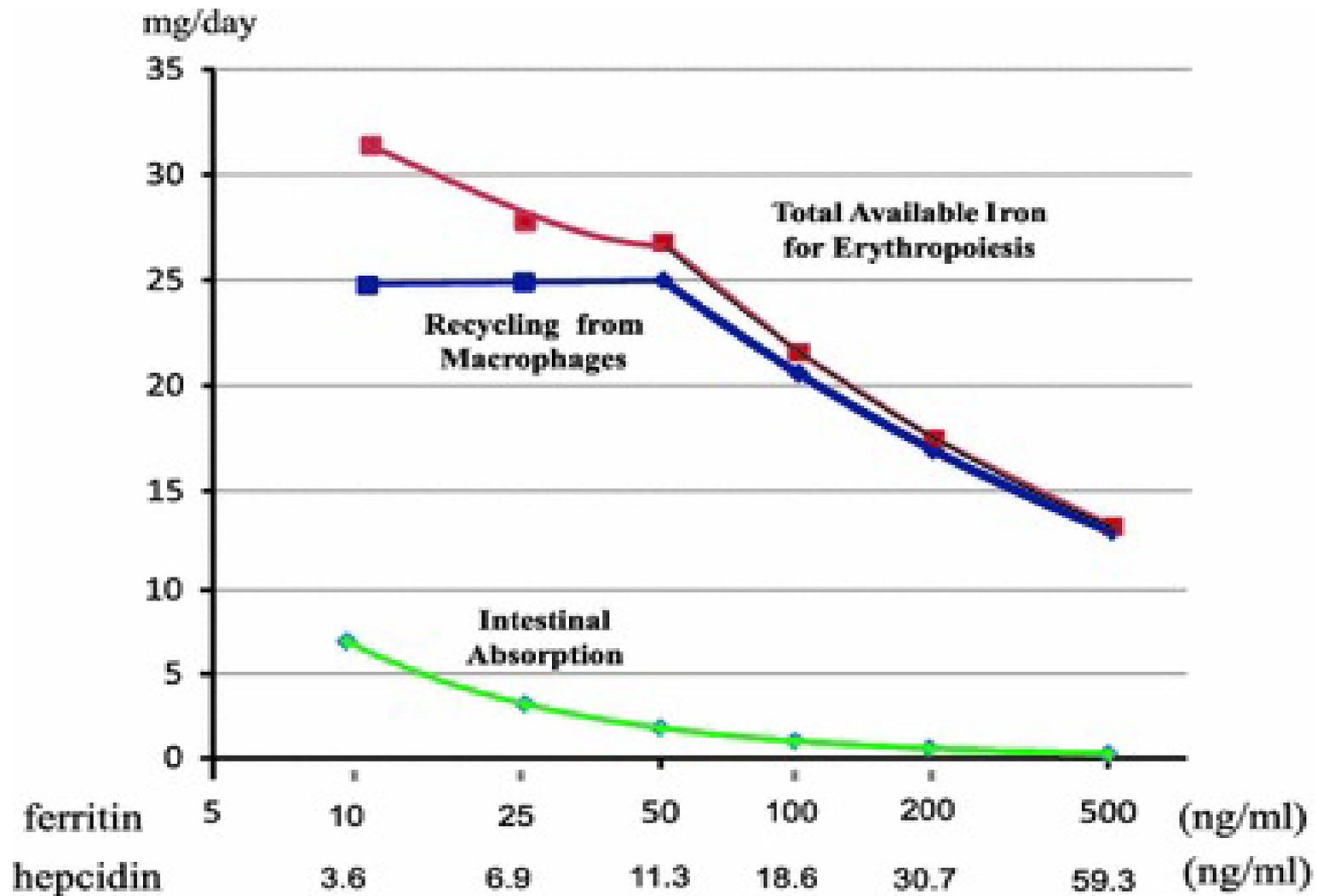
Haemoglobin (Hb)

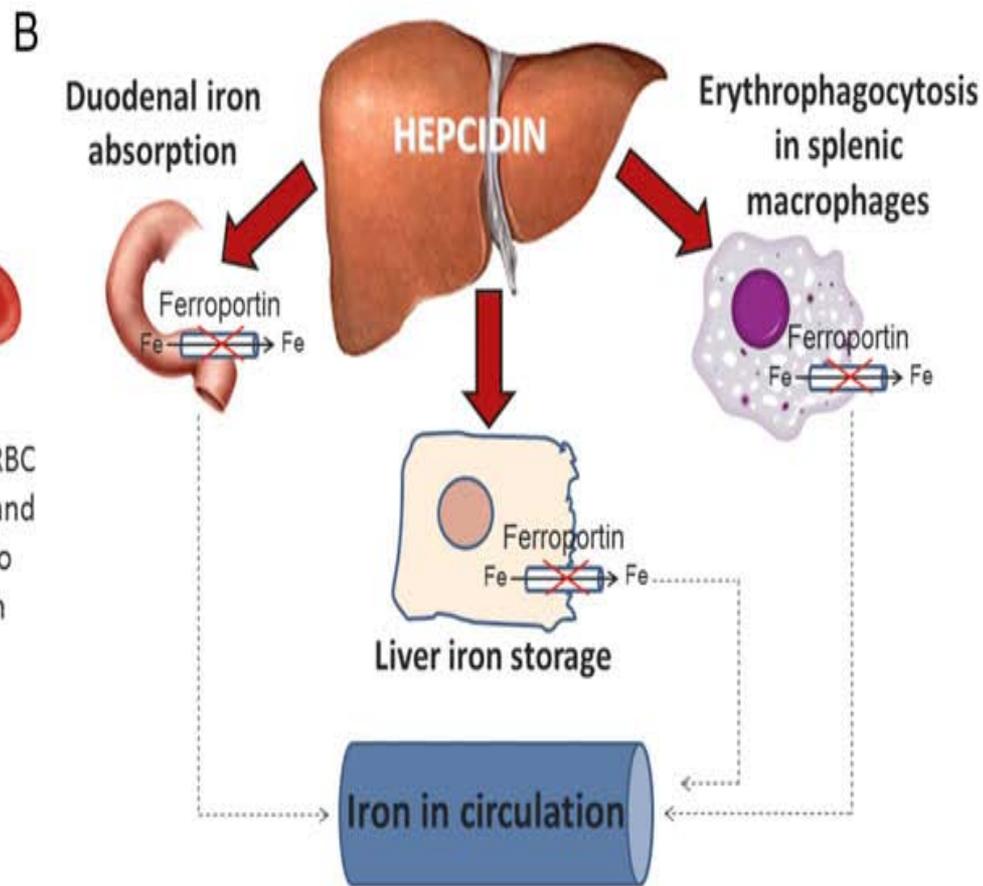
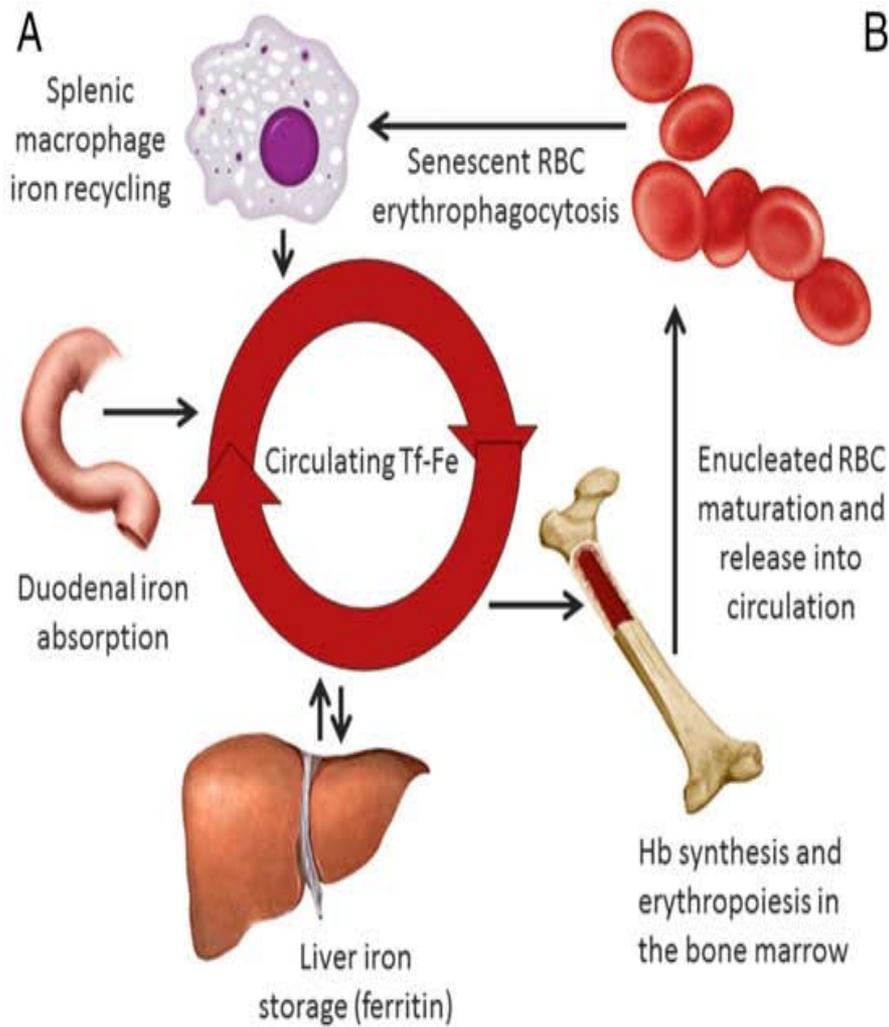


EPO, erythropoietin

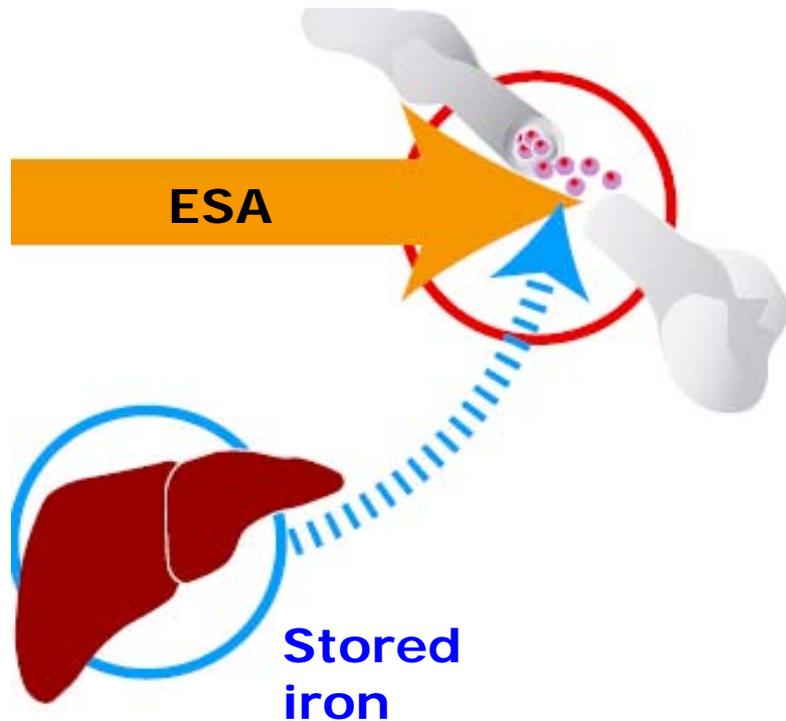
1. Weiss G. Blood Reviews 2002; 16: 87-96

2. Handelman GJ et al. Heart Fail Rev 2008; 13: 393-404





Increased need for iron during ESA therapy



- ESA increases the need for iron for synthesis of new red blood cells
- In the first 3 months of ESA therapy, a haemodialysis patient needs up to 30mg supplemental iron/24h (about 1000mg per month)
- Adequate iron availability increases erythropoiesis and reduces ESA requirements

Sensitivity and specificity of iron measures for detecting functional iron deficiency in patients with CKD

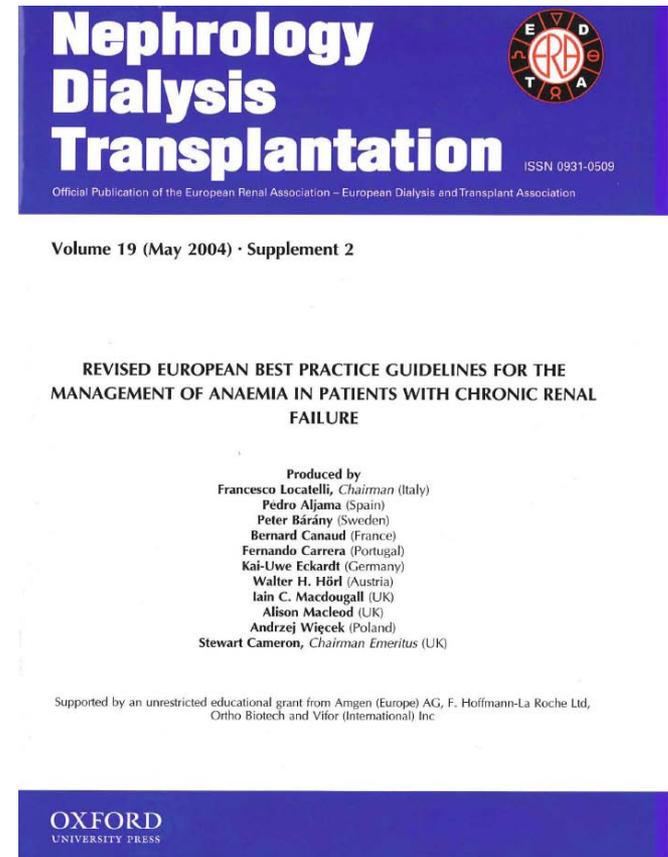
| Reference | Patients | Iron measures | Sensitivity (%) | Specificity (%) |
|------------------|----------|--|-----------------|-----------------|
| Stancu et al | CKD | BM iron (-) | 65 | 65 |
| Fishbane et al. | HD | Ferritin < 100 mg TSAT < 21% | 48 81 | 75 63 |
| Tessitore et al. | HD | Ferritin < 100 mg TSAT < 19% | 35 59 | 78 78 |
| Mittman et al | HD | Ferritin < 100 mg TSAT < 20% CHr < 28 pg | 38 50 78 | 53 60 71 |
| Tarng et al | HD | CHr < 28 pg | 78 | 87 |
| Tarng et al | HD | TfR-F > 0.6 | 90 | 79 |

Target haemoglobin to aim for with erythropoiesis-stimulating agents: a position statement by ERBP following publication of the Trial to reduce Cardiovascular Events with Aranesp Therapy (TREAT) Study

- Iron administration is an important factor for the successful treatment with any kind of ESA in order to use the lowest dose for reaching and maintaining the desired Hb target**
- ESA treatment should not be started in patients who are iron-deficient**
- Iron replacement should be used first in any CKD patient who is proven or likely to be iron-deficient, and only once the iron stores are replete should ESA therapy be initiated**

European Best Practice Guidelines: Recommendations for route of iron supplementation

- “I.v. administration is the optimal route for the delivery of iron to patients with CKD, as oral iron is poorly absorbed in uraemic individuals”
- “There is strong evidence from randomised, controlled trials that treatment with i.v. iron is more effective than oral iron in renal failure patients”

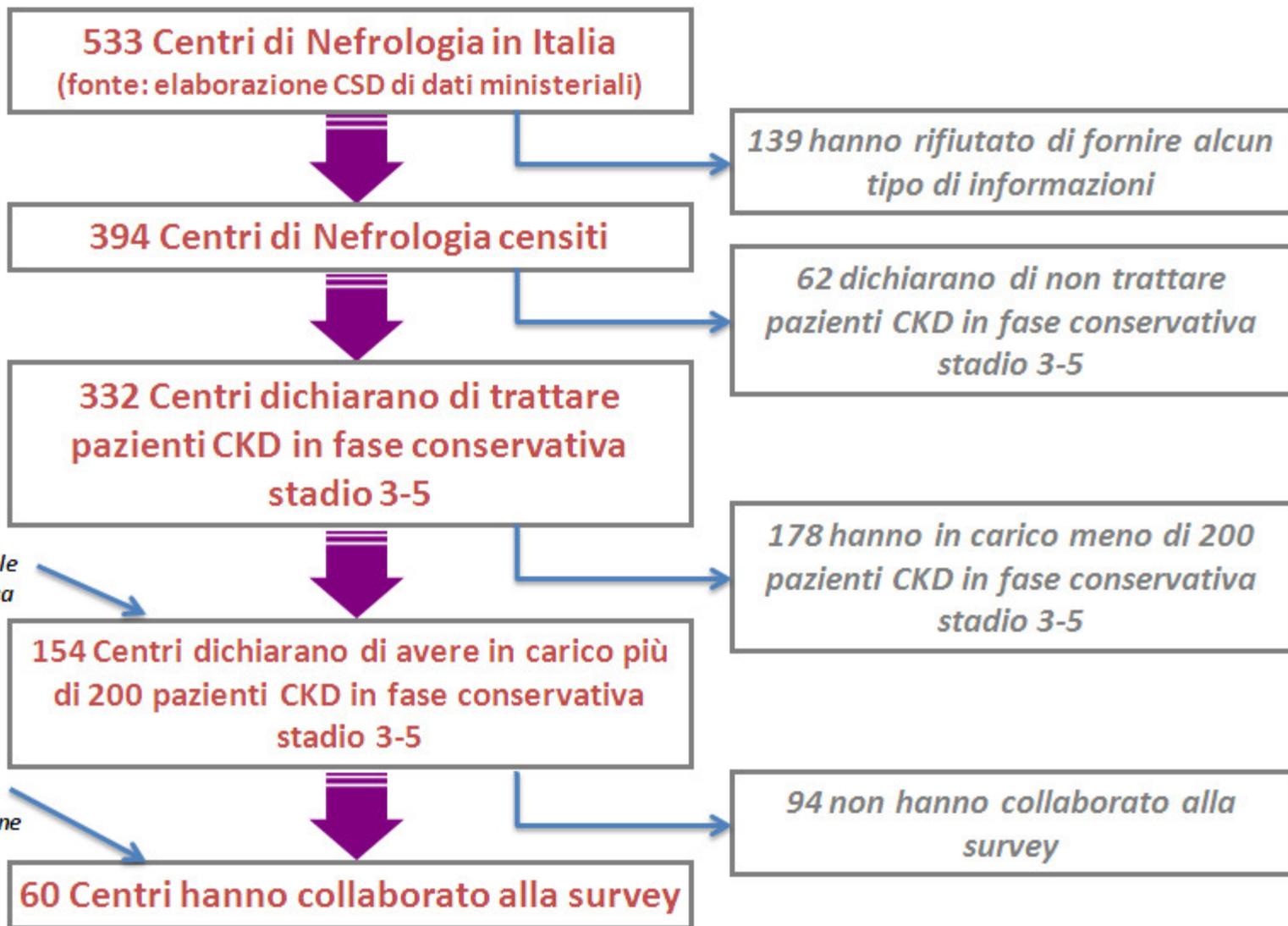


La terapia marziale nella MRC: linee guida

| | |
|-----------------|--|
| KDOQI | A trial of iron treatment could be considered when TSAT is $\leq 30\%$ even if ferritin is > 500 ng/ml |
| KDIGO | A trial of iron treatment is suggested in patients with TSAT $\leq 30\%$ and ferritin ≤ 500 ng/ml |
| KHA-CARI | Target levels: TSAT $> 20\%$ (prior to ESA), 20-30% (during ESA) Ferritin > 100 ng/ml (prior to ESA), 200-500 ng/ml (during ESA) |
| ERBP | Thresholds for iron overload: Ferritin > 500 ng/ml and TSAT $> 30\%$ |
| CSN | Target levels: TSAT $> 20\%$ Ferritin > 100 ng/ml (ND and PD), > 200 ng/ml (HD) |
| JSDT | Target levels: TSAT $> 20\%$ Ferritin > 100 ng/ml |

Diagnosi e trattamento dell'anemia sideropenica in pazienti con CKD non-dialitica

Locatelli F. et al. G Ital Nefrol 2013; 30 (6) 1:18

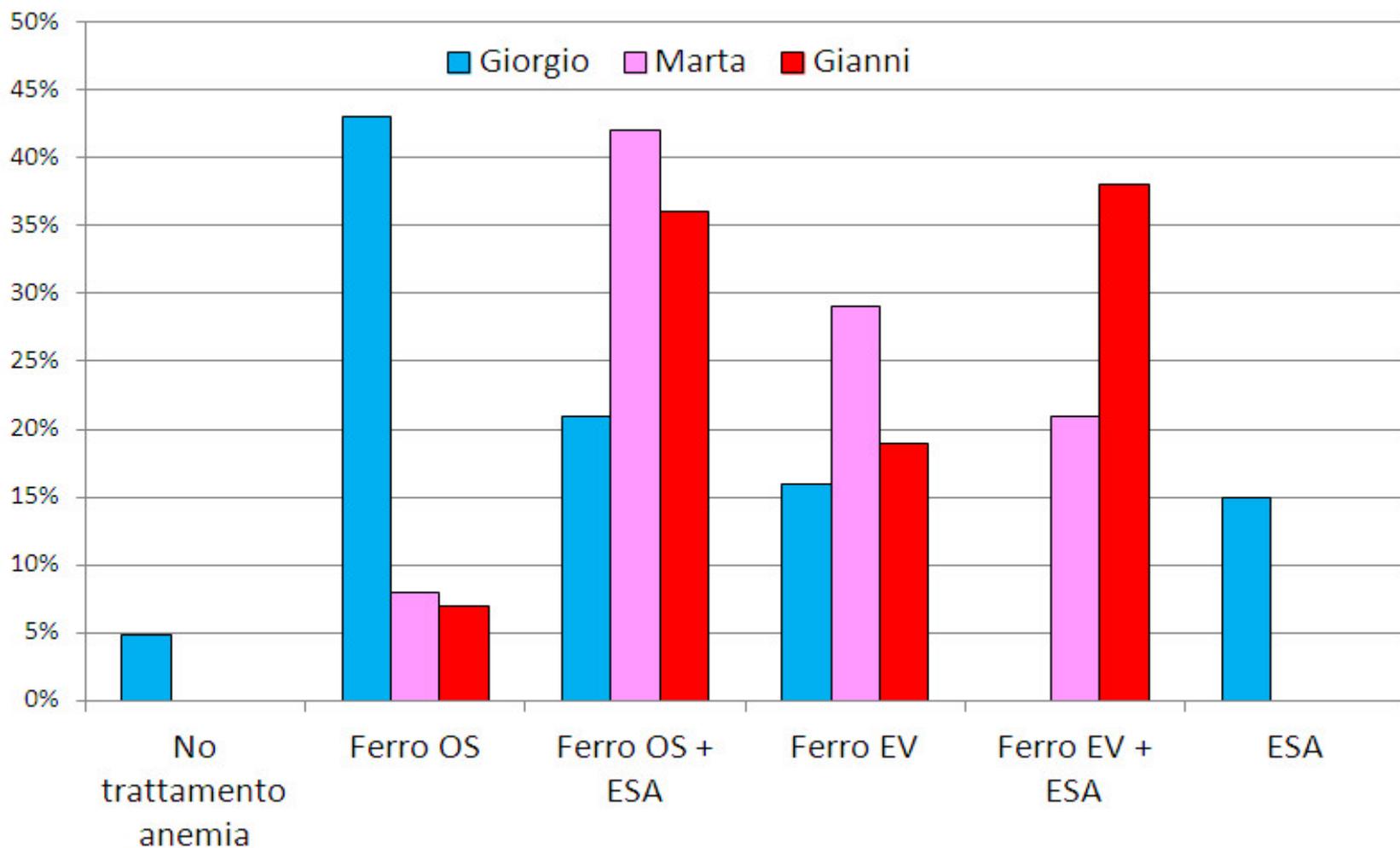


Sono stati selezionati i Centri a maggior potenziale per avere una massa critica maggiore di risposte

*Campionamento con selezione casuale
Controllo della distribuzione territoriale per aree geografiche*

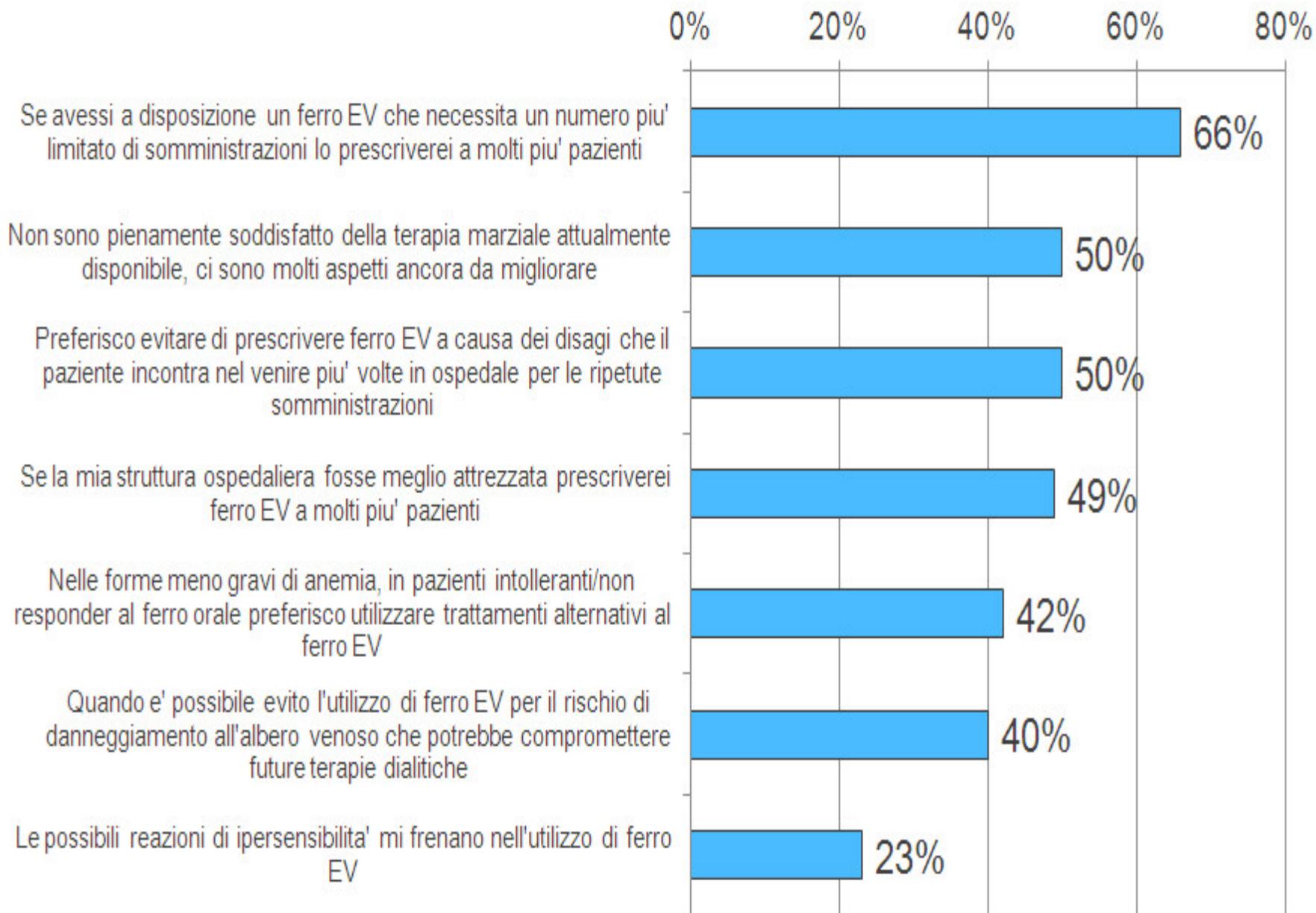
Frequenza (%) della terapia marziale nella MRC

| Terapia/ Stadio CKD | Stadio 3 | Stadio 4 | Stadio 5 NoD |
|---------------------|----------|----------|--------------|
| Ferro orale | 43 | 33 | 25 |
| Ferro EV | 2 | 7 | 13 |
| ESA (EPO) | 26 | 47 | 58 |
| Altro | 2 | 1 | 2 |
| Niente | 28 | 12 | 1 |



Motivi del mancato utilizzo ferro ev

| Motivazioni | Totale | Giorgio | Marta | Gianni |
|--|--------|---------|-------|--------|
| Difficile gestione della somministrazione/utilizzo in ospedale | 33.8 | 28.1 | 40.9 | 35.3 |
| Anemia modesta/lieve | 11.3 | 21.9 | 4.5 | - |
| Intolleranza/effetti collaterali | 8.5 | 6.3 | 13.6 | 5.9 |
| Non ancora necessario | 7 | 6.3 | 9.1 | 5.9 |
| Attesa per capire se ferro os corregge deficit marziale | 7 | 9.4 | 4.5 | 5.9 |
| Per salvaguardare il patrimonio venoso | 5.6 | 6.3 | 4.5 | 5.9 |
| Costo | 4.2 | 3.1 | 4.5 | 5.9 |
| Scarsa efficacia | 4.2 | 3.1 | 4.5 | 5.9 |
| Altro | 14 | 12.6 | 4.5 | 29.5 |
| Non indica | 16.9 | 15.6 | 18.2 | 17.6 |



Pharmacological characteristics of the main i.v iron complexes

| | Sodium ferric gluconate | Iron sucrose | Ferric carboxymaltose |
|--|-------------------------|--------------------|-------------------------------|
| Trade name | Ferrlicit | Venofer | Ferinject |
| Carbohydrate shell | Gluconate | Sucrose | Carboxymaltose |
| Molecular weight | 37500 | 34000-60000 | 150000 |
| Classification | Type III | Type II | Type I |
| Iron content (mg/ml) | 12.5 | 20 | 50 |
| Half-life (hours) | 1 | 6 | 7-12 |
| Maximum single dose (mg) | 125 | 200 | 15 mg/Kg (max 1000 mg) |
| Reactivity with transferrin | High | Medium | Low |
| Test dose required | No | No | No |
| In vitro percentage iron donation to transferrin | 5.8 | 4.5 | 2.4-3.4 |

PIA FONDAZIONE DI CULTO E



RELIGIONE CARD. G. PANICO



**Esperienza del ferro e.v nel paziente con
malattia renale cronica non in dialisi**

Caratteristiche cliniche basali

| Variabili | Soggetti (n=6) |
|--------------------------------------|----------------|
| Età (anni) | 78.5 ± 8.8 |
| Sesso F/M (n) | 5/1 |
| Hb (g/dl) | 9.1 ± 0.9 |
| Ferritina (ng/ml) | 57.9 ± 103 |
| TSAT (%) | 7.6 ± 3.01 |
| Creatinina (mg/dl) | 2.56 ± 0.5 |
| eGFR (ml/m/1.73m ² -MDRD) | 21.1 ± 5.2 |
| Terapia con ESA (n) | 3 |
| Ferro per os (n) | 5 |

Ferrocabossimaltoso e.v

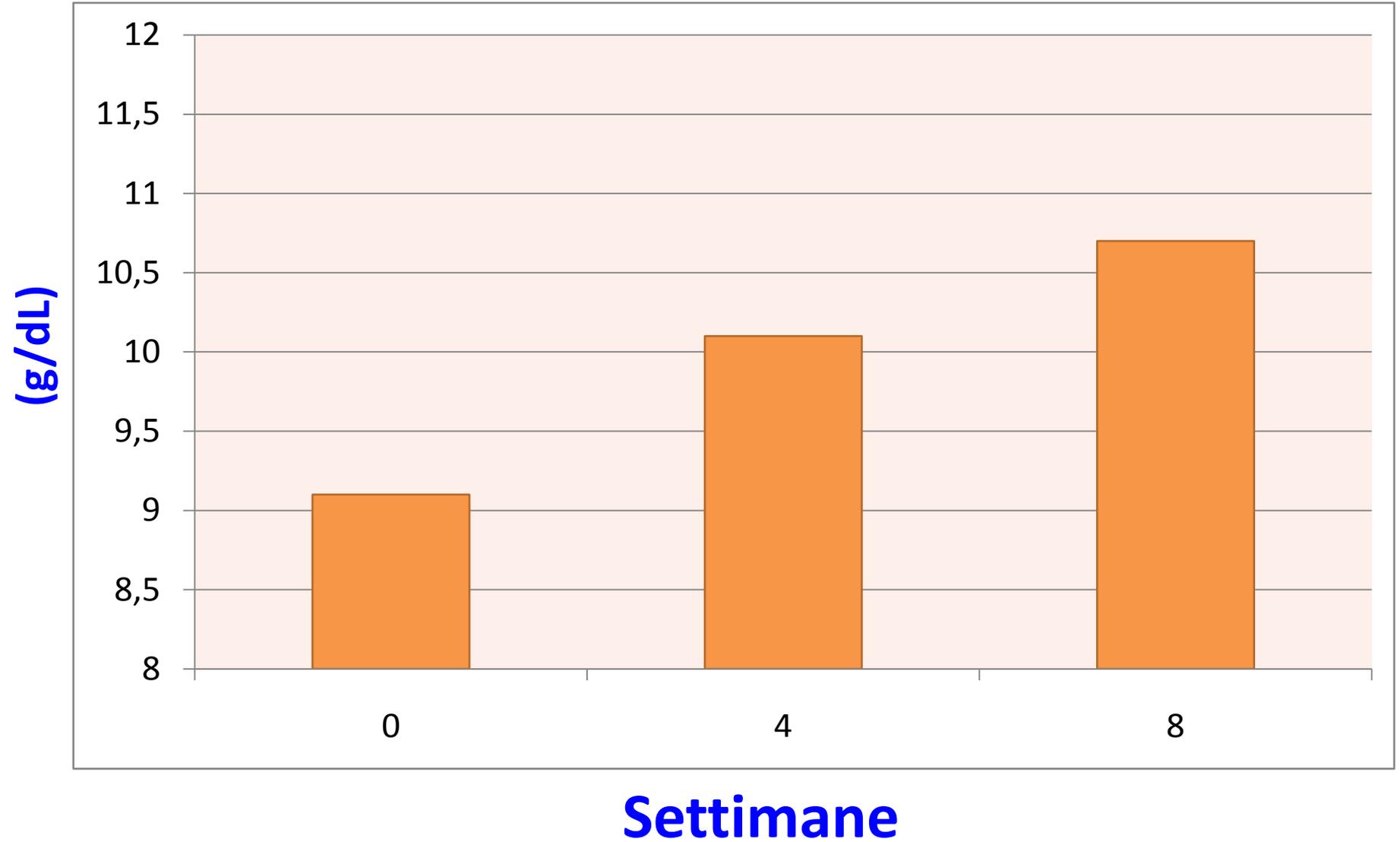
N° fiale somministrate

2.66 ± 0.51

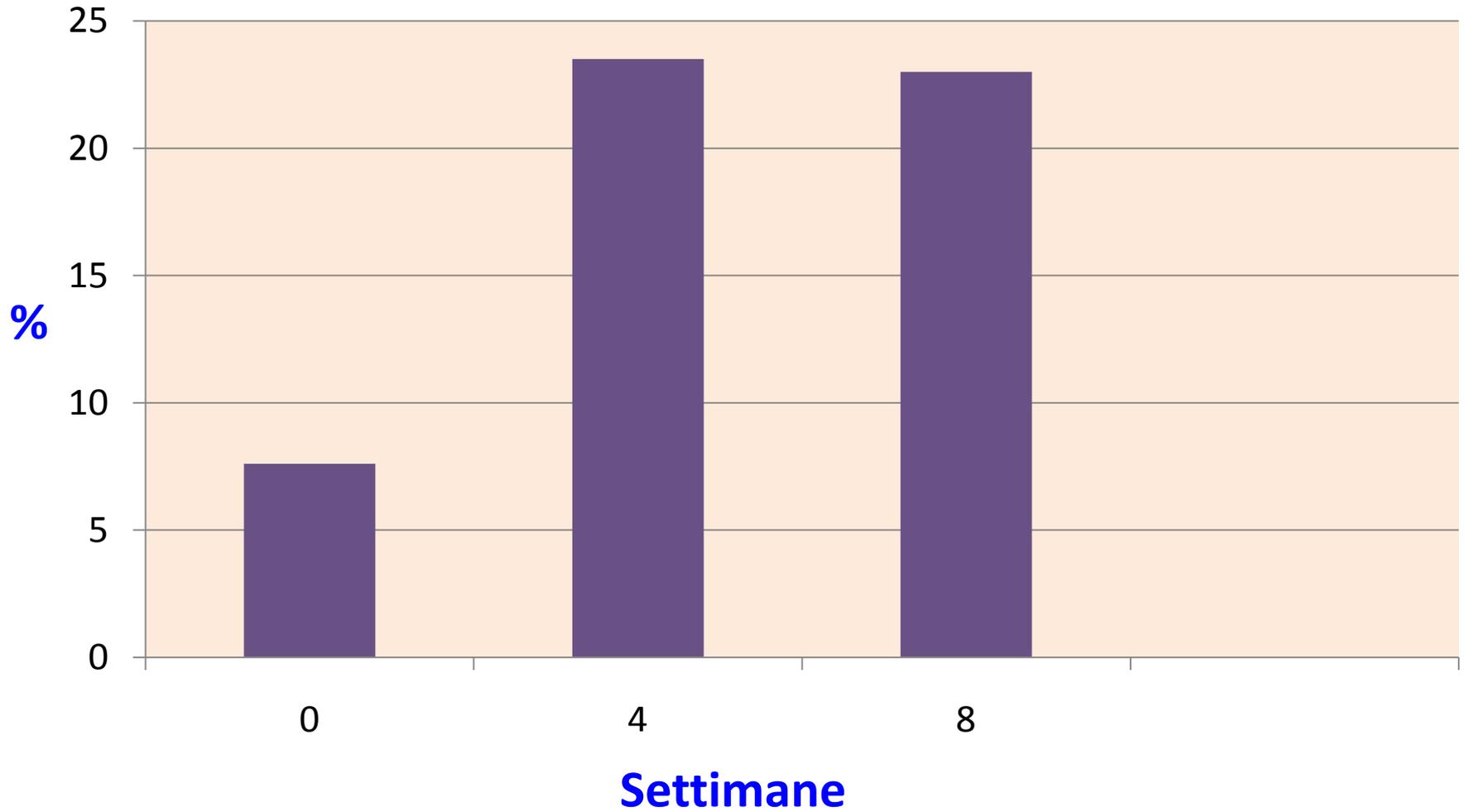
Dosaggio

800 ± 178.8 mg

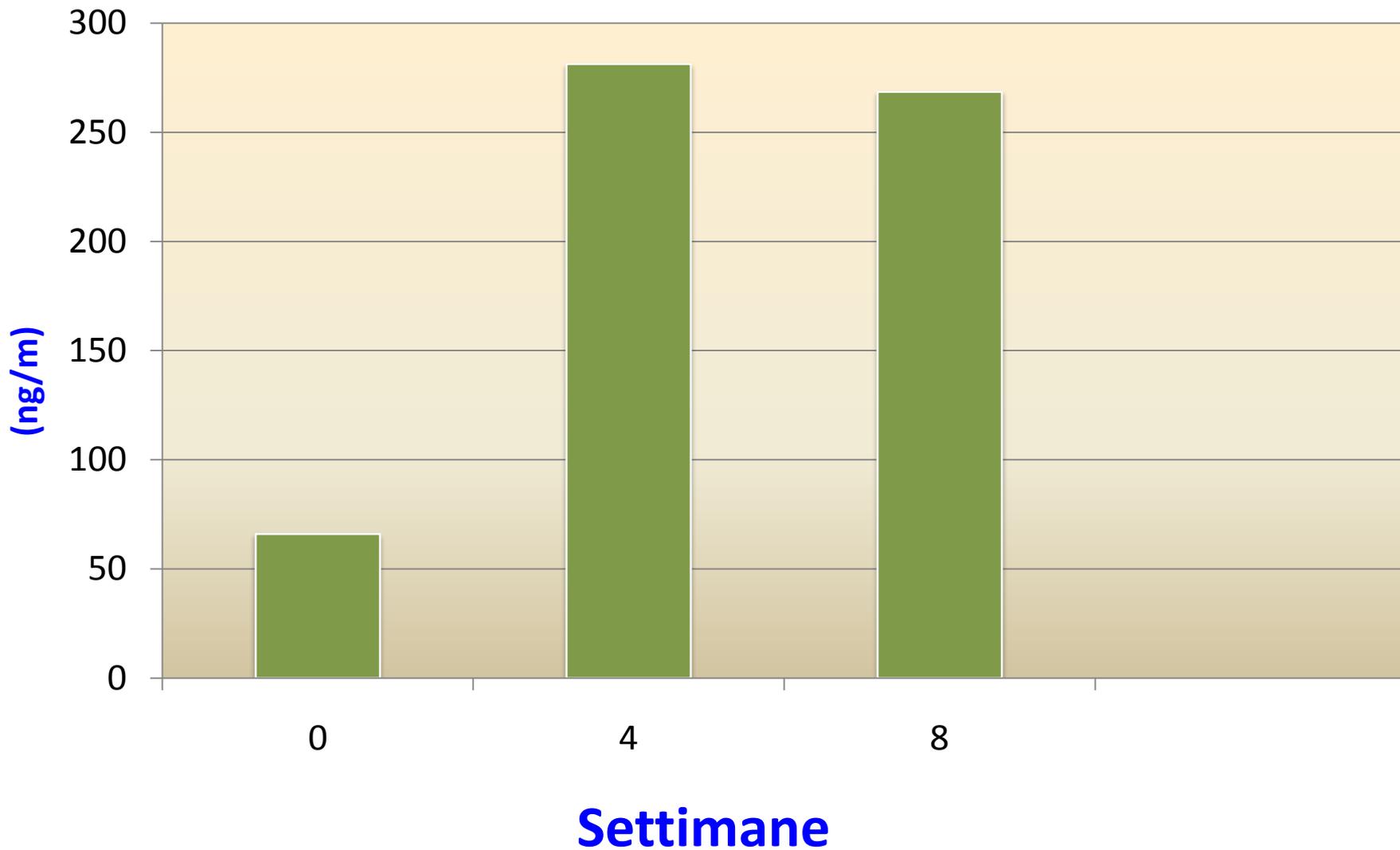
Hb



TSAT



Ferritina



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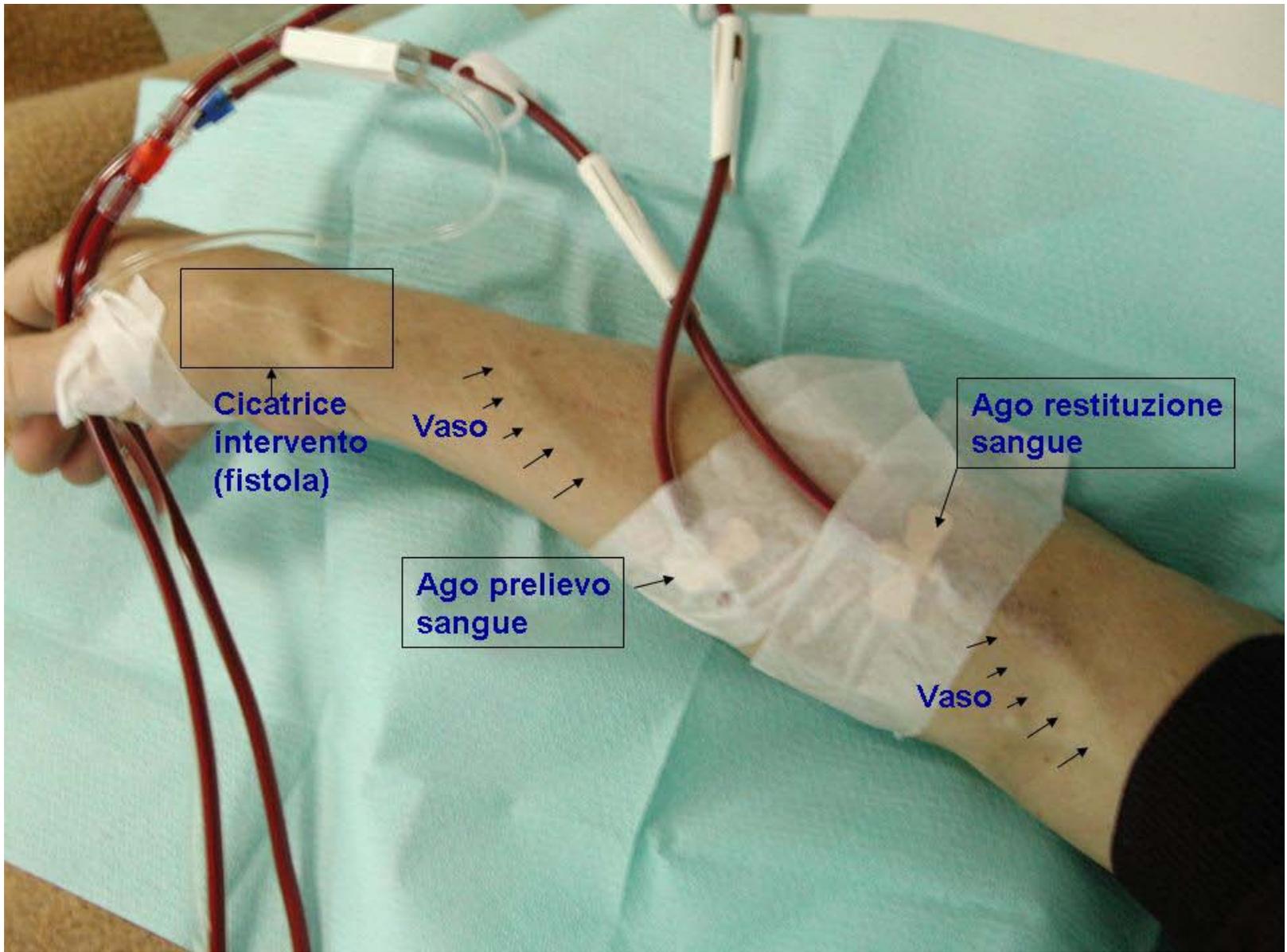
Esperienza del ferro e.v nel paziente emodializzato

| | | Ferro carbossalto (n=83) | Ferro saccarato (n=11) | Ferro gluconato (n=17) | ANOVA (valore p) |
|-------------------------|---------|---|-----------------------------------|---------------------------------------|-----------------------------|
| Età (anni) | Media | 66.5 | 67.6 | 72.2 | 0.292 |
| | DS | 14.3 | 11.4 | 11.0 | |
| Anzianità HD (mesi)* | Mediana | 51 | 36 | 72 | 0.494* |
| | Min | 3 | 21 | 10 | |
| | Max | 324 | 324 | 240 | |
| Peso (Kg) | Media | 66.5 | 71.6 | 68.7 | 0.457 |
| | DS | 13.9 | 14.1 | 11.0 | |
| Durata terapia (mesi) * | Mediana | 3 | 4 | 4 | 0.802* |
| | Min | 1 | 1 | 1 | |
| | Max | 12 | 6 | 12 | |
| Numero fiale * | Mediana | 15 | 14 | 23 | 0.048* |
| | Min | 4 | 7 | 4 | |
| | Max | 49 | 26 | 53 | |
| Hb T0 | Media | 10.0 | 10.1 | 10.0 | 0.888 |
| | DS | 0.8 | 0.7 | 0.8 | |
| Saturazione T0 | Media | 14.5 | 19.6 | 15.3 | 0.081 |
| | DS | 6.2 | 7.1 | 6.4 | |
| Ferritina T0 | Mediana | 67 | 36 | 92 | 0.979* |
| | Min | 6 | 10 | 10 | |
| | Max | 436 | 245 | 242 | |

*dopo trasformazione logaritmica

Dosaggio del ferro e.v

- Ferrocarrbossimaltoso: 100 – 200 mg/settimana, 100 mg/settimana, 100 mg ogni 15 giorni
- Ferro saccarato: 100 – 200 mg/settimana, 100 mg/settimana, 100 mg ogni 15 giorni
- Ferro gluconato: 62.5 – 187.5 mg/settimana, 62.5 mg/settimana, 62.5 mg ogni 15 giorni



Cicatrice
intervento
(fistola)

Vaso

Ago restituzione
sangue

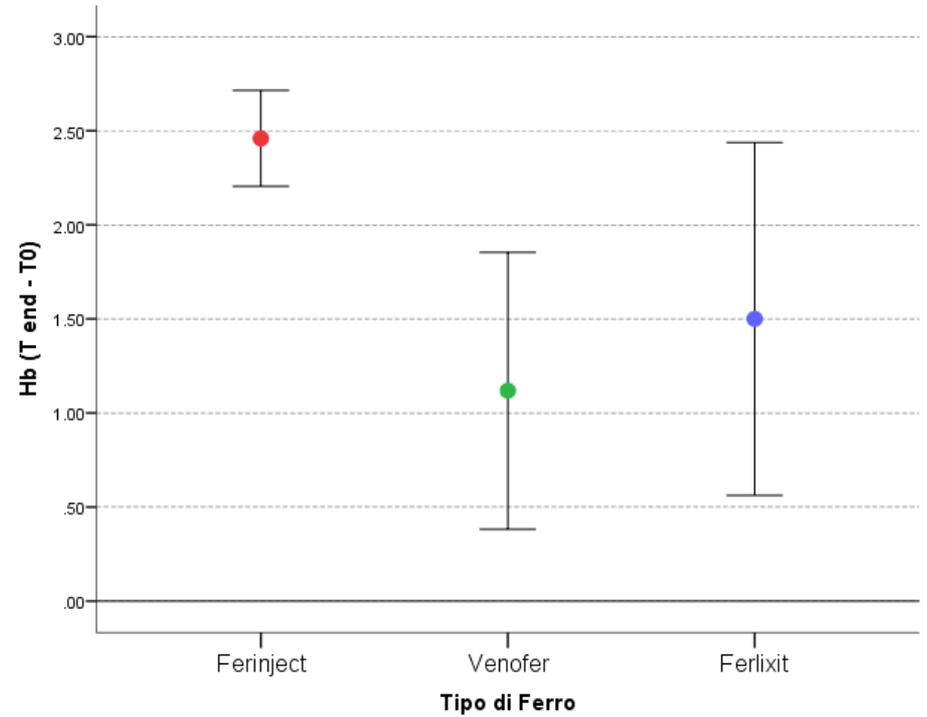
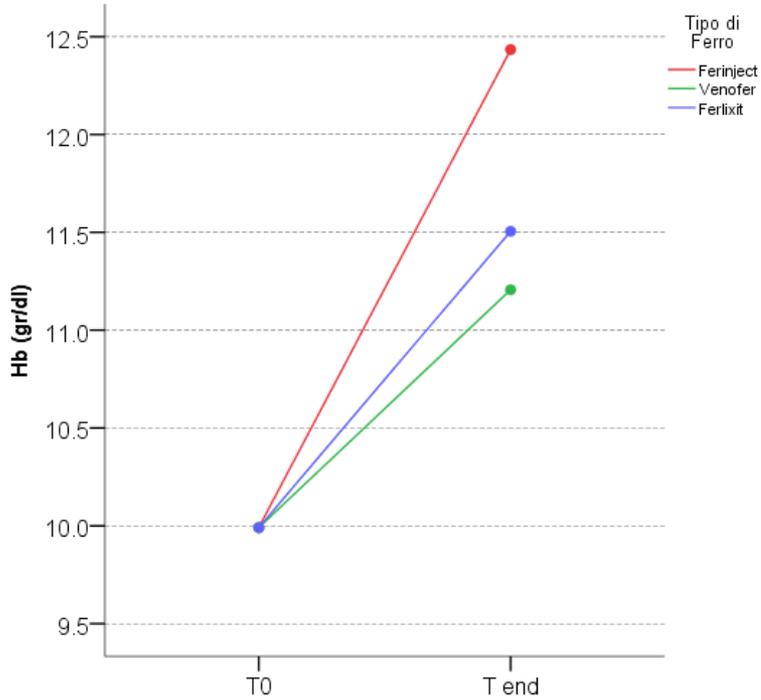
Ago prelievo
sangue

Vaso





Hb

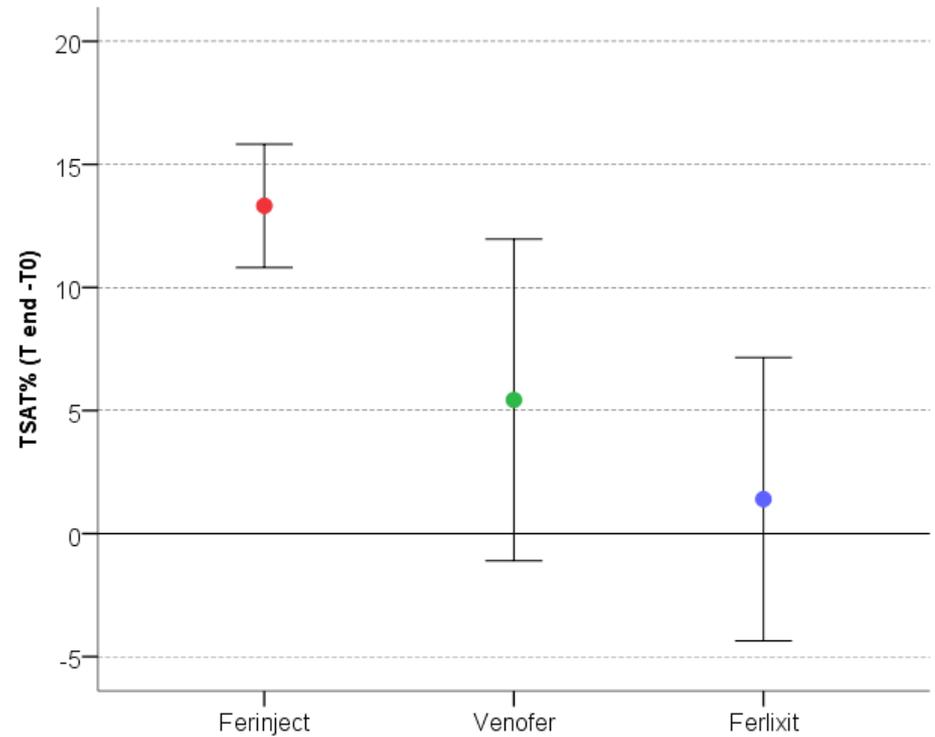
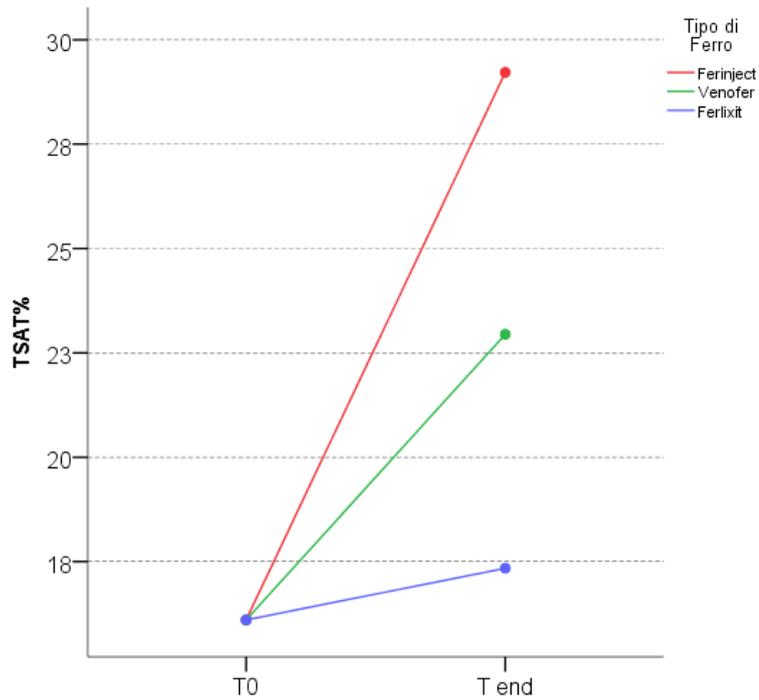


Bonferroni

Dependent Variable: hb_diff

| (I) Tipo di Ferro | (J) Tipo di Ferro | Sig. |
|-------------------|-------------------|------|
| Ferinject | Venofer | .004 |
| Ferinject | Ferlixit | .017 |

TSAT

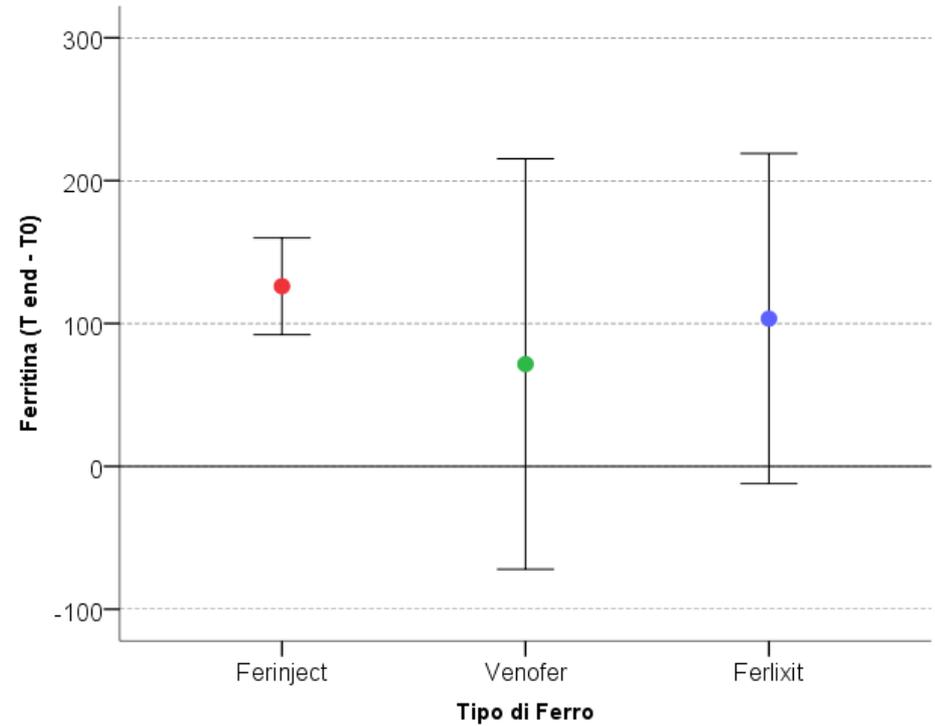
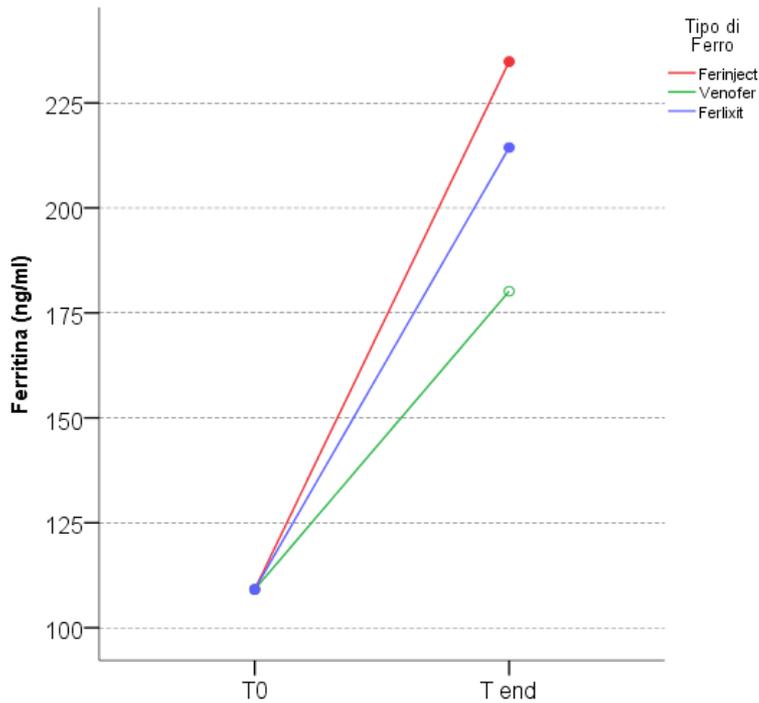


Bonferroni

Dependent Variable: saturazione_diff

| (I) Tipo di Ferro | (J) Tipo di Ferro | Sig. |
|-------------------|-------------------|------|
| Ferinject | Venofer | .052 |
| | Ferlixit | .000 |

Ferritina

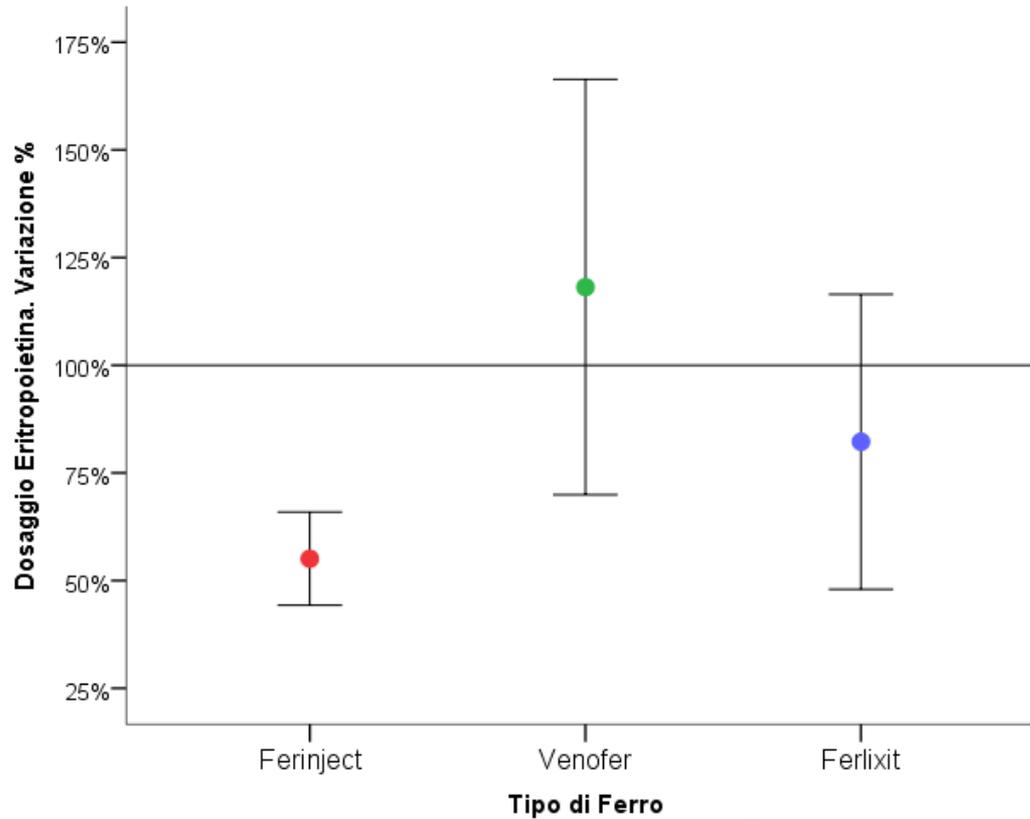


Bonferroni

Dependent Variable: ferritina_diff

| (I) Tipo di Ferro | (J) Tipo di Ferro | Sig. |
|-------------------|-------------------|-------|
| Ferinject | Venofer | .861 |
| | Ferlixit | 1.000 |

Eritropoietina



Bonferroni

Dependent Variable: eritropoietina_change

| (I) Tipo di Ferro | (J) Tipo di Ferro | Sig. |
|-------------------|-------------------|------|
| Ferinject | Venofe | .002 |
| | Ferlixit | .174 |

Eritropoietina

| Ferro e.v | Pazienti (n) | Pazienti in EPO a TO (n) | Riduzione dosaggio (n) | Stop EPO (n) | Aumento dosaggio (n) | Nessuna variazione dosaggio (n) |
|-----------|--------------|--------------------------|------------------------|--------------|----------------------|---------------------------------|
| Ferinject | 83 | 68 (81.9%) | 46 (67.6%) | 8 (11.7%) | 3 (4.4%) | 11 (16.1%) |
| Venofer | 11 | 9 (81.8%) | 3 (33.3%) | 0 (0%) | 4 (44.4%) | 2 (22.2%) |
| Ferlixit | 17 | 15 (88.2%) | 3 (20%) | 3 (20%) | 3 (20%) | 6 (40%) |

Chi-quadro=24.257, $p=0.0005$

Effetti collaterali

- Ferro gluconato: edema del volto in un paziente
- Ferrocarbrossimaltoso – Ferro gluconato:
nessun paziente ha presentato segni clinici di
rilievo dopo l'infusione del ferro

Conclusioni

La carenza di ferro è una condizione frequente nei pazienti con malattia renale cronica, soprattutto negli emodializzati in cui è indicato l'uso del ferro e.v. con ricorso a molecole che offrano un adeguato profilo in termini di sicurezza ed efficacia clinica (minore tossicità da ferro libero, minore induzione dello stress ossidativo, minore accumulo tissutale, minore rischio infettivo, minore sviluppo di reazioni da ipersensibilità)

Conclusioni

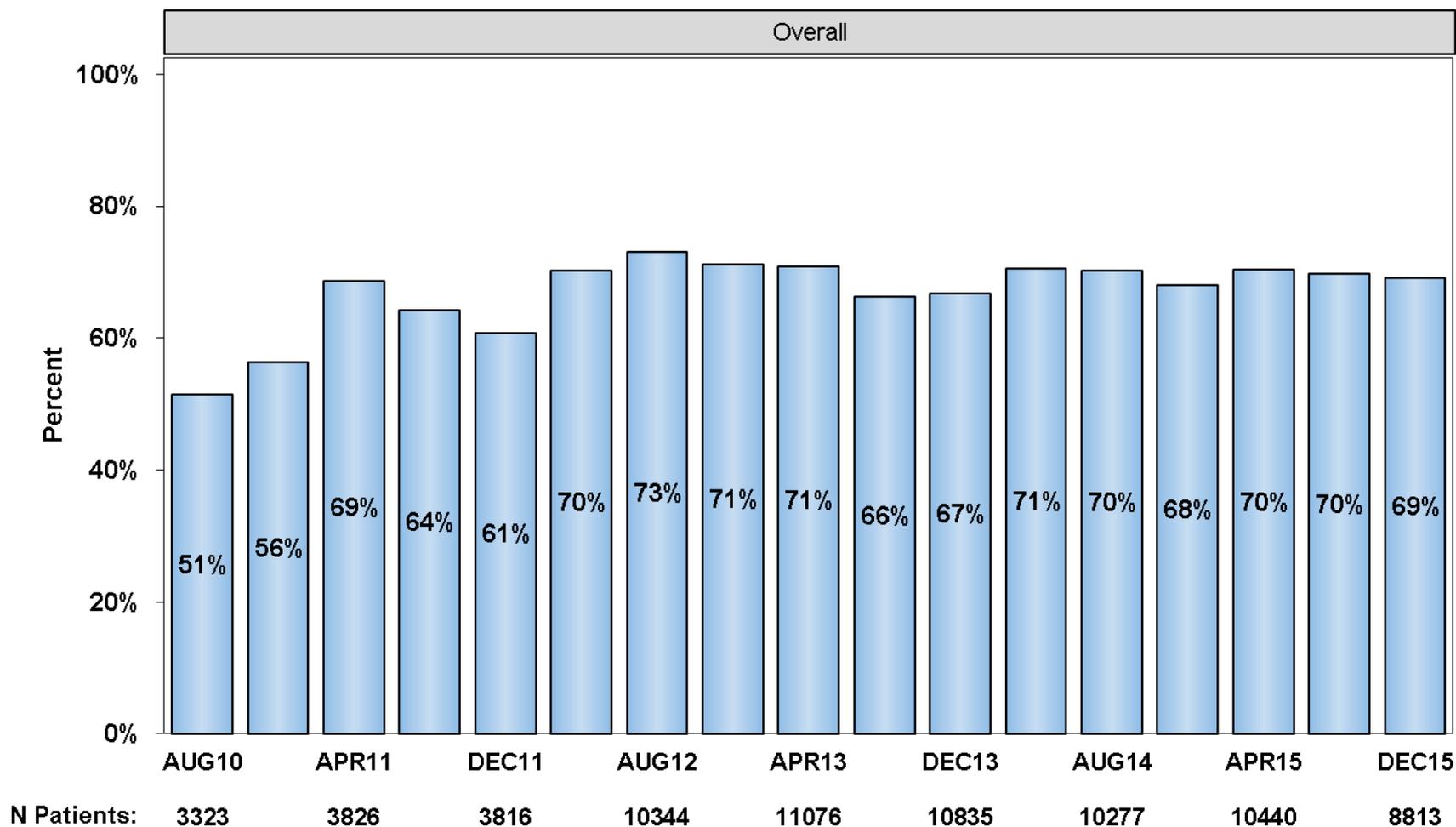
La nostra esperienza clinica nella gestione del deficit marziale nei diversi stadi della malattia renale cronica ha evidenziato l'efficacia e la sicurezza clinica del Ferrocabossimaltoso con adeguata e progressiva correzione degli indici del deficit di ferro e dei valori di emoglobina in assenza di eventi clinici avversi. Il Ferrocabossimaltoso presenta infatti delle caratteristiche favorevoli poiché favorisce l'uptake del ferro dal sistema reticolo endoteliale in modo controllato e graduale con conseguente minor rilascio di ferro libero e minore attivazione del complesso di eventi che determinano lo stress ossidativo e non mostra una cross reattività con i destrani.

Conclusioni

E' risultato poi di indubbia utilità nei nefropatici non in dialisi anche per il ridotto numero di somministrazioni con conseguente minor disagio per il paziente, minore sfruttamento del patrimonio vascolare e minore rischio di tossicità da ferro libero. Nei pazienti in trattamento emodialitico un ulteriore beneficio indotto dalla terapia marziale è derivato infine da una importante riduzione dei dosaggi di eritropoietina e quindi dei costi sanitari che ne derivano.

IV iron use, last 1 month

National sample

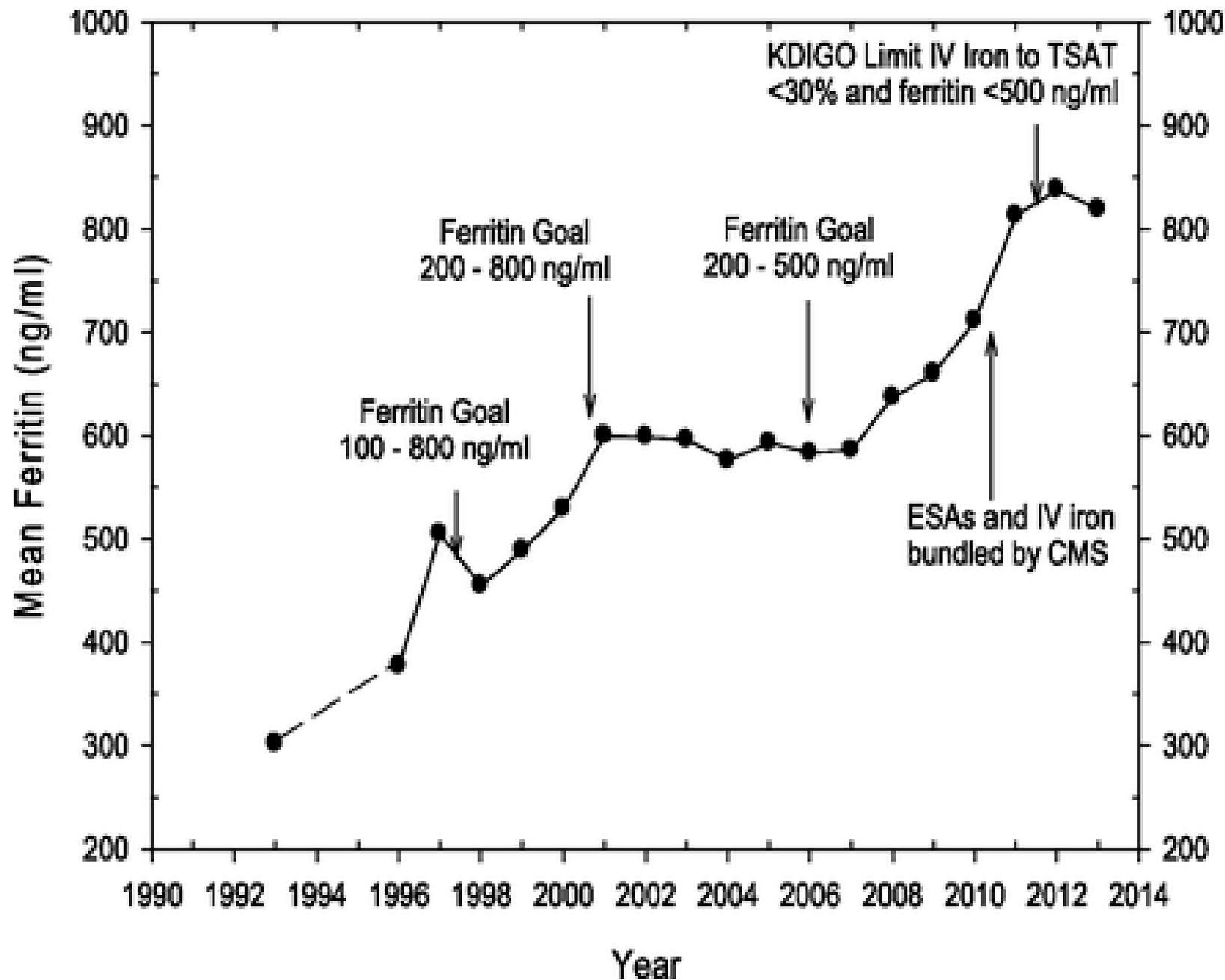


Values for each month reflect prescription at end of study month (2010, 2011) or anytime during study month (2012+)

Facility sample transitioned from DOPPS 4 to 5 in Jan-Apr 2012 (see "Study Sample and Methods").

Facility sample transitioned from DOPPS 5 to 6 in Mar-Jul 2015 (see "Study Sample and Methods").

Source: US-DOPPS Practice Monitor, April 2016; <http://www.dopps.org/DPM>



Safety of intravenous iron in clinical practice: implications for anemia management protocols

- Does iv iron therapy increase mortality or morbidity?
- Does iv iron therapy increase risk of infection?
- Does iv iron therapy increase risk of cardiovascular disease?
- What level of serum ferritin is too high for further iv iron therapy?
- Acute adverse events after iv iron: allergy or toxic reaction?



Global Action. Local Change.

Iron overload

Inflammation and oxidative stress

Iron and infections

Hypersensitivity reactions

**KDIGO Controversies Conference on
Iron Management in Chronic Kidney Disease**

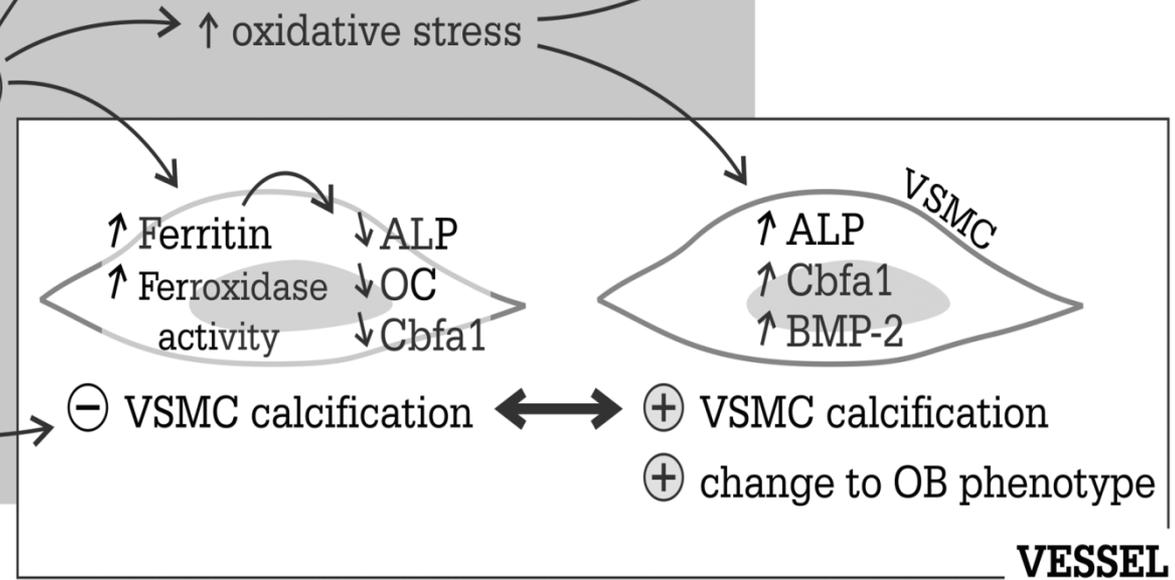
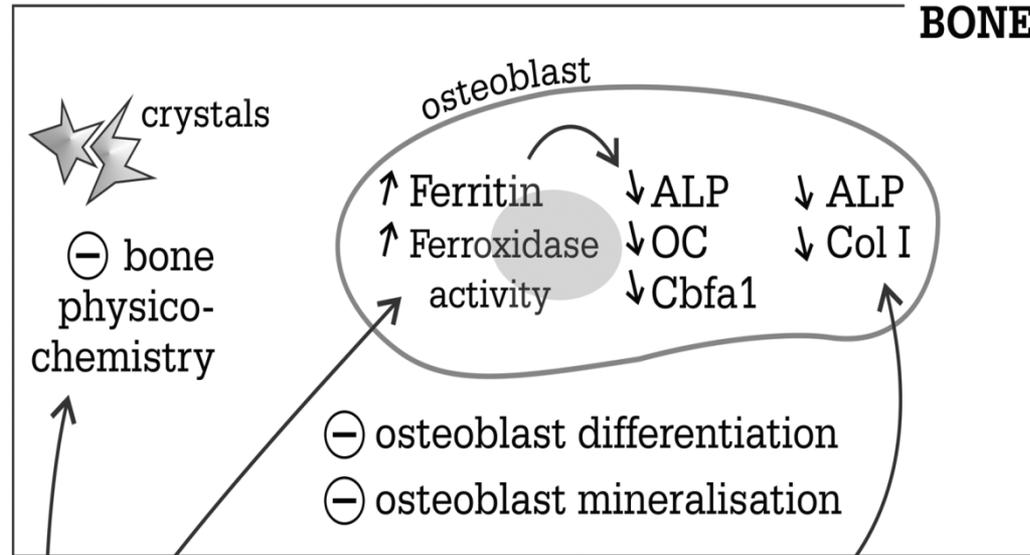
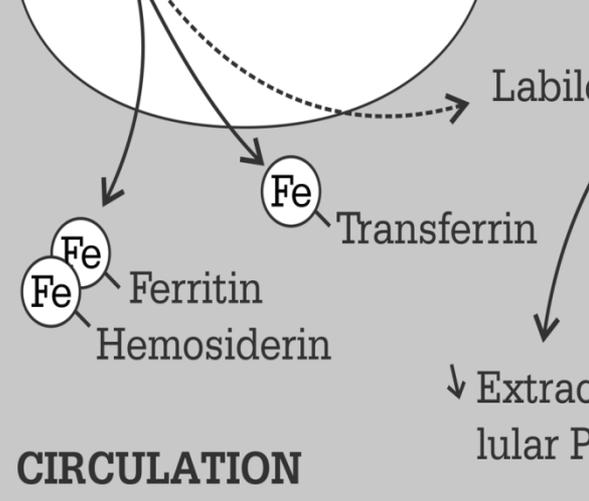
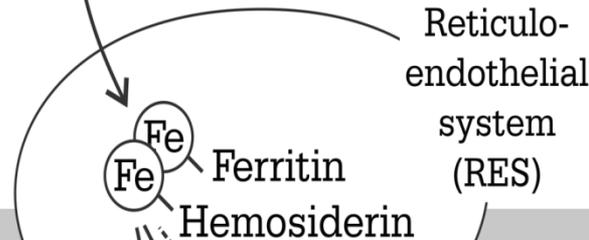
March 27-30, 2014

San Francisco, USA

CKD

Continuous blood loss
ESA therapy
Decreased bioavailability

Iron supplements
i.v. Fe-carbohydrates



Virtual visit

- Paziente 1: **Giorgio**, uomo di 45 anni, affetto da CKD stadio 3 e ipertensione arteriosa controllata
- Paziente 2: **Marta**, donna con diabete tipo 2, 50 anni, affetta da CKD stadio 4 e ipertensione controllata, manifestava anemia sideropenica causata da malassorbimento intestinale come conseguenza di una disautonomia , non rispondente al ferro orale
- Paziente 3: **Gianni**, uomo di 85 anni con carcinoma prostatico, affetto da CKD stadio 5 ed ipertensione controllata con anemia sideropenica causata da macroematurie, non rispondente al ferro orale

Iron saccharate injecton (12 hemodialysis patients)

| Sample time point | S-Transferrin (g/l) | S-Fe (mmo/l) | Transferrin saturation (%) | BDI ($\mu\text{mol/l}$) Bleomycin-detectable iron |
|-----------------------------|---------------------|--------------|----------------------------|--|
| Before i.v iron injecton | 1.7 ± 0.4 | 8 ± 4 | 20 ± 12 | 0.03 ± 0.02 |
| 5 min | 1.7 ± 0.4 | 28 ± 9 | 67 ± 29 | 0.14 ± 0.28 |
| 30 min | 1.8 ± 0.4 | 25 ± 10 | 59 ± 28 | 0.07 ± 0.11 |
| 90 min | 1.8 ± 0.4 | 28 ± 10 | 66 ± 27 | 0.12 ± 0.24 |
| 210 min | 1.8 ± 0.4 | 37 ± 14 | 83 ± 27 | 0.29 ± 0.34 |
| 2 to 3 days after i.v. iron | 1.8 ± 0.4 | 10 ± 7 | 20 ± 16 | 0.02 ± 0.01 |
| Reference values | 1.8 – 3.1 | 7 - 30 | 17 - 52 | < 0.10 |



INFUSIONE
100 ml/h
+ REGOLARE -

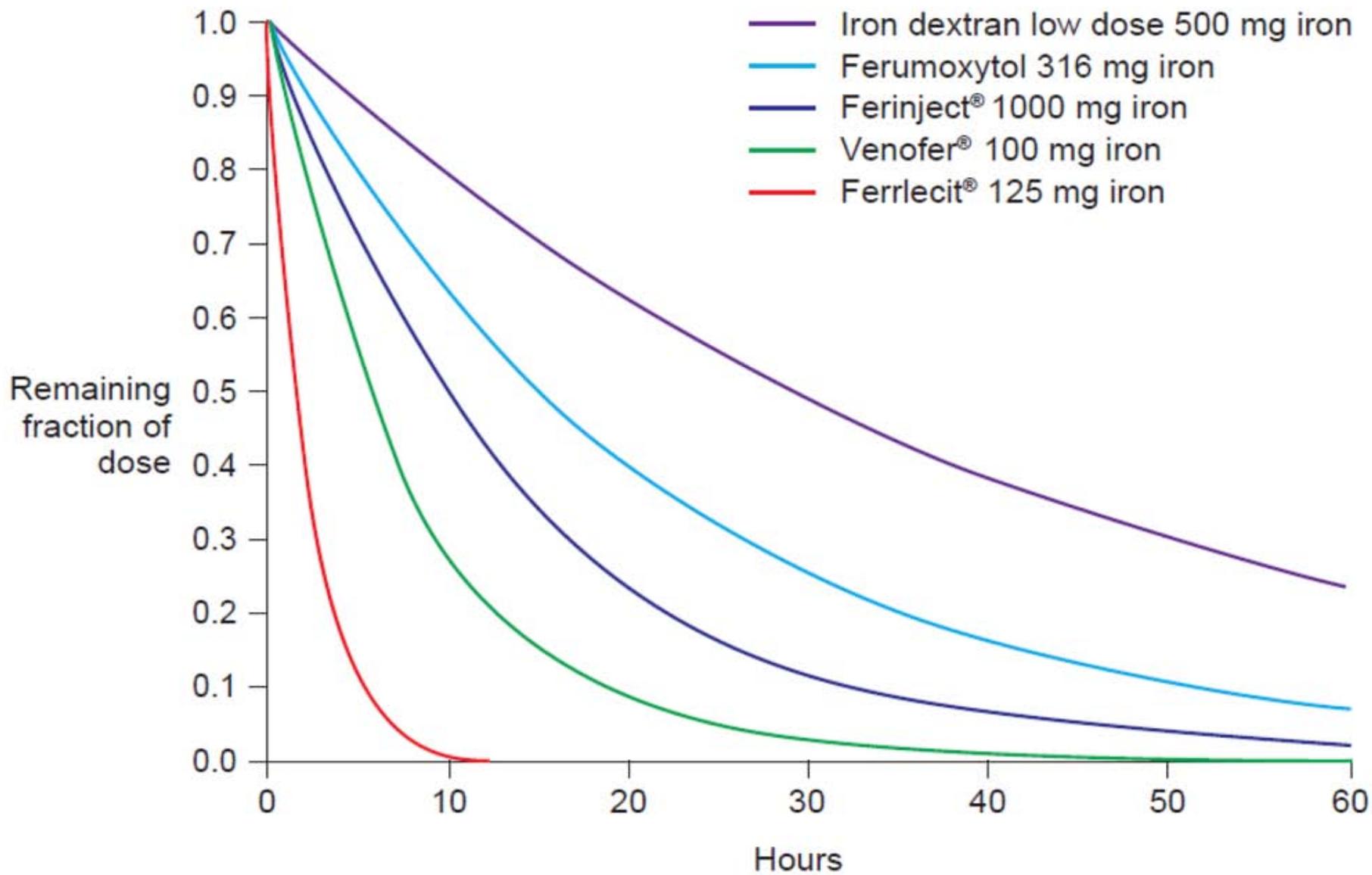
ADULTO UTI
VOLUME 0.47 ml
Oh 11m 38s
PRESSIONE 147
300mmHg
VOLUME UOI

Alaris®
CC Guardra

25
30 ml
35

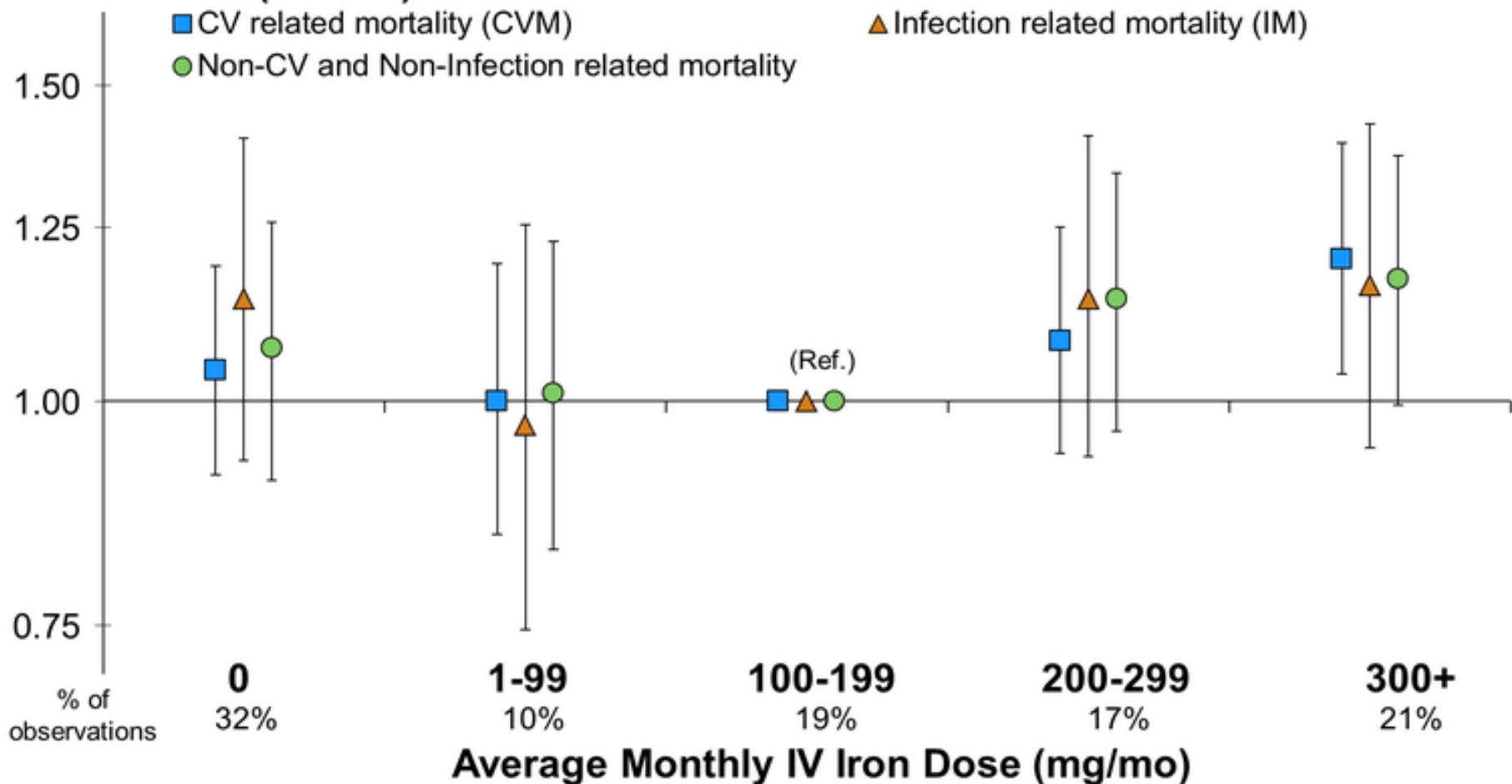
Monitoraggio della terapia marziale

| Frequenza | Stadio 3 | Stadio 4 | Stadio 5 ND |
|------------------------------|------------|------------|-------------|
| Mensilmente | - | 3 | 53 |
| Ogni 2-3 mesi circa | 15 | 58 | 35 |
| Ogni 4-5 mesi circa | 4 | 32 | 12 |
| Ogni 6-7 mesi circa | 37 | 5 | - |
| Ogni 8-9 mesi circa | 3 | 2 | - |
| Ogni 12 mesi circa | 5 | - | - |
| Ogni quanti mesi (in media)? | 5.4 | 3.4 | 1.9 |



IV iron dose categories and cause-specific mortality

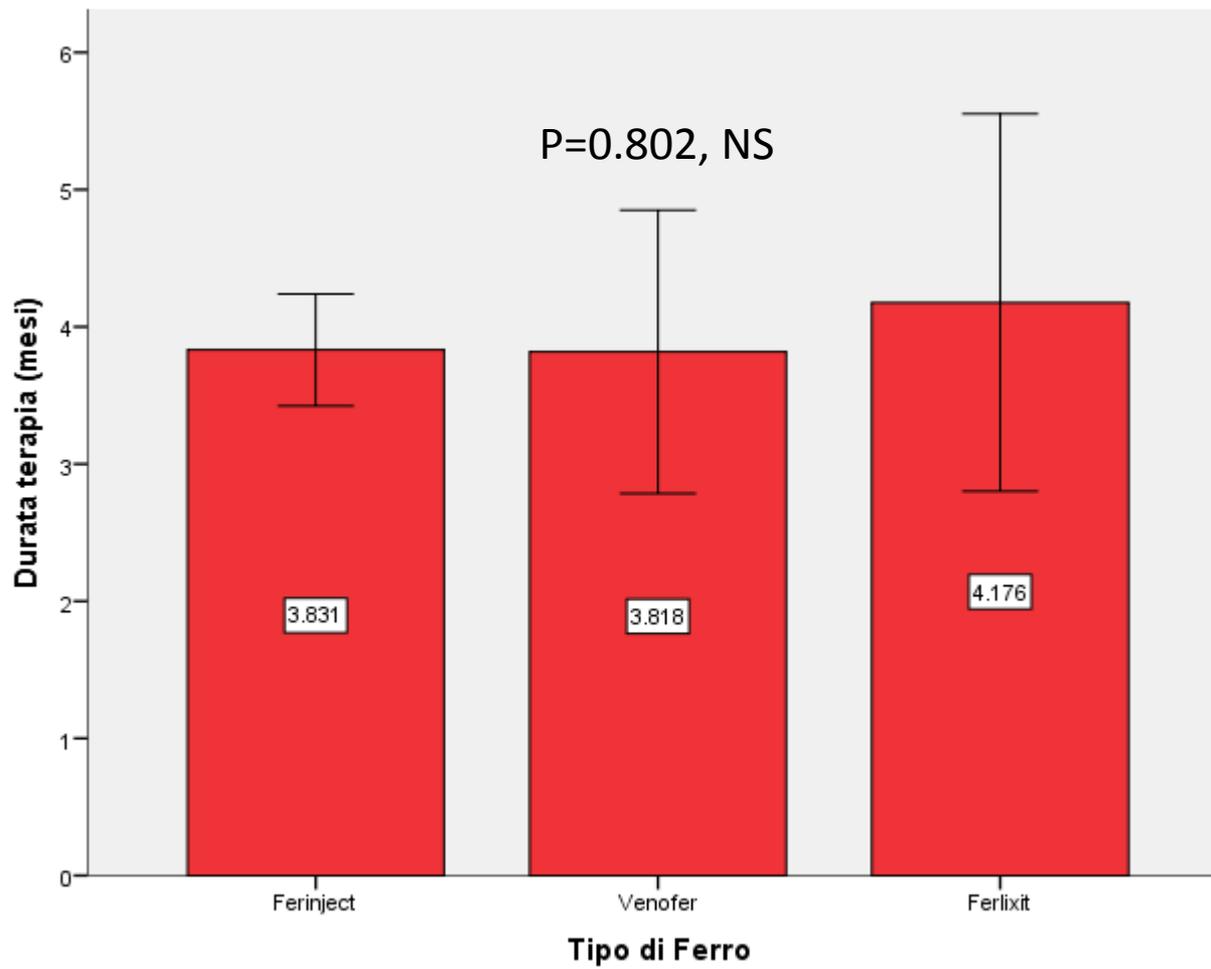
Hazard Ratio (95% CI)

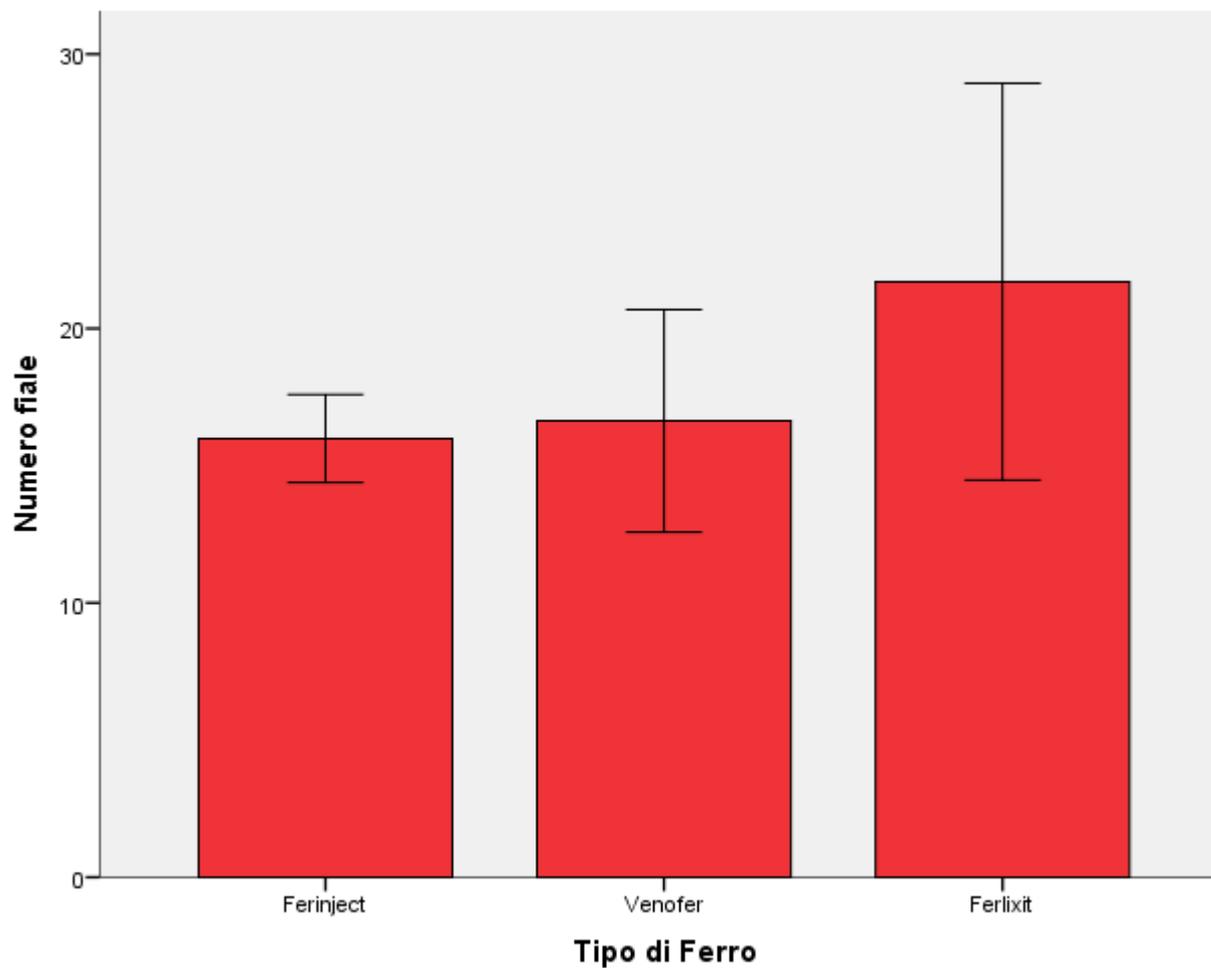


IV iron dose is total 4-month dose, expressed as average mg/month.
Adjustments and effect estimates (95% CI) are as per Model 6 in Table 2.

Numero medio di pazienti a centro

| | Media | % | St.dev. | Mediana | Min-Max |
|--|-------|-----------|---------|---------|----------|
| Pazienti CKD-ND 3-5 | 521 | 100 | 237 | 410 | 220-1200 |
| Pazienti con anemia sideropenica | 208 | 40 | 130 | 177 | 37-590 |
| Pazienti intolleranti alla terapia marziale | 39 | 19 | 43 | 26 | 4-240 |
| Pazienti non reponders alla terapia marziale orale | 39 | 19 | 45 | 23 | 5-180 |





Dependent Variable: Numero fiale

Bonferroni

| (I) Tipo di Ferro | (J) Tipo di Ferro | Sig. |
|-------------------|-------------------|-------|
| 1 Ferinject | 2 Venofer | 1.000 |
| | 3 Ferlixit | .042 |